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UP **PAGE 16****Amorous asses
back together**Donkey couple reunited
after zoo separated them for
mating in front of kids **PAGE 15**

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**COOPER DOES COMICS**

Alice Cooper is in town this weekend for the Edmonton Comic and Entertainment Expo. Metro spoke with the legendary rocker for a Q&A. See his answers to our questions on page 6.

CONTRIBUTED

**B.C. teacher
working in Alta.
suspended****'Error in judgement.'**
No decision from
local district**LEAH
HOLOIDAY**
leah.holoiday@metronews.ca

The fate of a teacher in Alberta is unclear after he was reprimanded by British Columbia's teaching authority for putting a sign that read "I'm gay" on a student's back.

Daniel Mark Ogloff received a two-week teaching suspension from the B.C. Commissioner of Teacher Regulation earlier this week for his actions in the September 2013 incident.

According to the ruling, Ogloff had "placed a piece of masking tape on the back of the jacket of a male Grade 11

student.

"The tape had the words 'I'm gay' written on it. Ogloff considered this to be horseplay."

The document said Ogloff allowed other students to take pictures and let the boy leave class unaware of the tape on his back.

Ogloff has been working as a teacher at Bassano School, about four hours south of Edmonton in the Grasslands Public School district.

Grasslands trustee Vic Budz said he only just heard of Ogloff's behaviour and the incident which led to his suspension Wednesday night after media contacted the district's superintendent for comment on the ruling.

"I think, assuming what I've seen in the B.C. media, I certainly think it was an

unprofessional act. It was disrespectful," said Budz. "It didn't really give consideration to the student's physical and emotional safety."

Calling the incident an "error in judgment," Budz said the district hasn't made a decision on whether Ogloff will continue as a teacher in the province and needs to determine if the suspension in B.C. applies to Alberta.

Alberta Education spokesperson Tamara Magnan said the department is aware of the situation and looking into it. Magnan noted different jurisdictions across the county share disciplinary issues only after the process has been completed.

"We are committed to providing every student with a safe and respectful place to learn," she added. **WITH FILES****FROM THE CANADIAN PRESS**

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FIVE THINGS YOU NEED TO KNOW TODAY

1 FREE ADMISSION ON SUNDAY

All City of Edmonton attractions and recreation centres are free to use on Sunday as part of the citywide event. YMCA will also have four facilities free for users.

2 ESKIMOS VS. ROUGHRIDERS

A sea of green will fill Commonwealth Stadium Friday night when the Edmonton Eskimos take on the Saskatchewan Roughriders.

3 BABS EARNS NO. 1 SPOT

People who need people apparently need Barbra. Barbra Streisand showed hot young talent how it's done this week when her new album Partners entered the Billboard 200 chart at number one.

4 EBOLA FIGHT

U.S. lawmakers have approved the use of leftover Afghanistan war money to fight Ebola. Canada, which has already contributed \$5 million to the cause, announced it will contribute another \$30 million.

5 @LARGE EXHIBIT

Chinese artist Ai Weiwei has transformed Alcatraz into a massive art installation called @Large: Ai Weiwei on Alcatraz. The exhibit opens Saturday and includes portraits of 176 political prisoners made up of 1.2 million Lego bricks.

Proposed velodrome could cost \$111M

Delay. Project not likely to see full funding in next budget



**RYAN
TUMILTY**
ryan.tumilty@metronews.ca

A proposed velodrome in Coronation Park now has an \$111-million price tag, which could keep the brakes on the project for now.

Councillors will review the new cost estimate Monday and debate the project as part of the 2015 to 2018 capital budget later this fall.

The Argyll Velodrome Association has committed to \$20 million of those funds, but Coun. Andrew Knack said even with that help the project would consume most of the \$120 to \$150 million council will have to allocate this fall.

"It's just not realistic to use the entire budget almost for one project," he said.

Knack said he's open to spreading the project over two budgets with some funding starting potentially in 2018 and spreading into the next three-year cycle.

He said a lot could change

Coronation Park

- In addition to the velodrome, the new recreation centre in Coronation Park would have gymnasiums, fitness rooms, a running track and multi-purpose rooms.
- Edmonton will find out in the fall of 2015 if the 2022 Commonwealth Games Bid will be successful.

Quoted

"It's just not realistic to use the entire budget almost for one project."

Coun. Andrew Knack says the proposed velodrome would take up most of council's \$120- to \$150-million budget.

in the meantime that might make the project easier to fund.

"It would give the opportunity for the Commonwealth Games discussion, because if you get that, it might be a great example of where some money can be used," he said.

Roger Jevne, the city's director of park and facility de-



The proposed velodrome would be built inside Coronation Park, with a wood track. CONTRIBUTED

velopment, said they're aware of the real financial challenges in getting the project done.

"It's going to be tough and we're looking at a couple of things with the Argyll Velodrome Association about how

we might make this work for them," he said.

Jevne said the existing velodrome has to be replaced, but there's no "magic date" for when the new facility needs to open.

He said the delay could also give the association time to raise its portion of the budget.

"We won't be able to start until they have secured all their funding," he said.

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Fentanyl powerful, dangerous: RCMP

On the heels of a warning from police about a deadly knock-off drug circulating in the Edmonton area, narcotic experts caution the dangers of Fentanyl — a powerful opioid being passed off as prescription painkillers.

RCMP in St. Albert first notified area residents Wednesday that the fake Oxycodone pills — small greenish-blue pills stamped with the number 80 — had been floating around the community and contained Fentanyl.

"Fentanyl is a very dangerous drug that is used in severe cases for high-level pain control," said RCMP narcotics expert Sgt. Lorne Adamitz.

Since the drugs are being passed off as Oxycodone, Adamitz said the chance of an overdose increases dramatically.

"The first time you take any of these pills, you're playing Russian Roulette," he said. "You have no idea the concentration. You don't know what's in there."

Edmonton Police Service Det. Guy Pilon said the city's drug unit has had several seizures of Fentanyl since the beginning of the year, but often don't realize until the pills are analyzed.

"We weren't aware it was Fentanyl until it was sent away to Health Canada for analysis and when those certificates came back, it identified the substances in there as being either Oxycodone and Fentanyl or Fentanyl," he said.

LEAH HOLOIDAY/METRO



St. Albert RCMP issued a warning for counterfeit oxycodone pills that were being sold in the Edmonton area. CONTRIBUTED

More resources needed for Alberta EMS: AHS

Health. Study finds paramedics morale deteriorating



LEAH HOLOIDAY
leah.holoday@metronews.ca

Alberta Health Services is admitting the province needs more ambulances on the street, as the union for paramedics released a report citing worker morale on the decline.

The report, released Thursday from Health Sciences Association of Alberta, found 81 per cent of Emergency Medical Service members felt employee morale was deteriorating in Alberta.

Similar concerns had been raised by HSAA in 2012 to Alberta Health Services and the Minister of Health, which subsequently led to recommendations outlined by the Health Quality Council of Alberta.

Yet according to HSAA president Elisabeth Ballermann, the province has fallen short on addressing member's concerns.

"We're disappointed that none of the recommendations



AHS President and CEO Vickie Kaminski spoke with media Thursday after the province's paramedic union released a report, citing employee morale decline. LEAH HOLOIDAY/METRO

of that report have been fully implemented to date and that other measures have fallen by the wayside," she said. "Their efforts seem to have equated to nothing more than putting a band-aid on an arterial bleed."

AHS president and CEO Vickie Kaminski addressed the

study Thursday, stating there is still work to be done, especially when it comes to freeing up ambulances.

"I think they do need more ambulances on the street and whether that's by freeing up personnel and ambulances that are right now tied up trying to off-load patients at emer-

gency departments or whether it's looking at being able to provide patient transport in a different way, then I think we need to address that," she said.

Kaminski said the concerns outlined in the report are legitimate and AHS needs to consider adding more resources to the system.

Bridging the divide

City pledges to locate historic Treaty Six site

As Edmonton recognized its historic relationship with Aboriginal people Thursday, the city pledged to help determine exactly where the relationship got started.

Working through Fort Edmonton Park and the



Mayor Don Iveson and Chief Tony Alexis RYAN TUMILTY/METRO

Confederacy of Treaty Six First Nations, the city will spend \$20,000 to determine where

local First Nations signed onto the document that paved the way for Edmonton.

Chief Tony Alexis said, combined with other work the city is doing, it will allow the story of his ancestors to become part of the broader community.

Alexis said just celebrating Treaty Six day, as the city now does, is a great way to bridge the divide.

"The more we share our cultural celebrations and

rituals, our identity becomes stronger, which makes the city stronger as well," he said.

The document covers all three prairie provinces and was signed between First Nations and the first European settlers. Mayor Don Iveson said he hopes more people learn about its importance to the city.

"Treaty Six isn't an Aboriginal document it's a document for all people who live here."

RYAN TUMILTY/METRO

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Alice Cooper says he'd love to have a Broadway play called *The Story of Alice Cooper* — and he would want Johnny Depp to portray him. GETTY IMAGES

METRO ASKS ALICE

While you may know him best for being the King of Nightmares, fans of Alice Cooper will get to see the man outside of his shock rock character this weekend at the Edmonton Comic and Entertainment Expo.

CANDICE WARD
edmonton@metronews.ca

Metro: When you have been to Edmonton in the past, it has usually been for a concert, how will this visit be different for you?

Alice Cooper: The only thing I ever see of the audience from the stage is the first 20 rows, that is it. When we do these sci-fi type of things, it's actually one-on-one. That never really happens with rock stars and their audience. The fact that there is a one-on-one relationship, so I do as many of these as I can because I never ever meet the fans. It is a really different way of getting to know people who have been your fans for 30 or 40 years.

M: Who can Edmonton fans expect to see at the Expo, you, or the character of Alice Cooper?

AC: When people come to these things, they are meeting people from Star Trek, people from horror movies, and they're meeting the person who plays those characters. So you are getting sort of the

other side of that character. Yet it's hard to divorce that character from that person you're meeting. When people are talking to me and getting that autograph, they find me very nice — which is just the opposite of what Alice is. But they still feel like they are meeting the character.

M: Is there anything that shocks you these days?

AC: I'm shocked at how boring young bands are right now. It seems to me like the younger bands are not bringing it. They don't want to be rock stars. That's why more people are going to see KISS, Alice Cooper, and Mötley Crüe, and Aerosmith, we sell out 20,000 seat theatres and the young bands just don't do that anymore. We still represent hard rock and we still represent what rock was about. It was about loud, in your face, and not politically correct. We were the outlaws. I think the younger bands are just so afraid to be rock stars. It's shocking to me.

The thing that really scares me is that I can put my head in a guillotine, put a snake around my neck, but getting a blood test puts me right out. I have no tattoos because I hate needles so much.

M: What is the next big career goal for you?

AC: I would love to have a Broadway play called the *Story of Alice Cooper*, or *Welcome To My Nightmare*. I think there will eventually be an Alice Cooper play about the life of Alice Cooper. It's already built to be a Broadway play. The songs are all there already. The whole thing is right there sitting in front of you. I would love to see somebody else play Alice Cooper. I would love to see me as a character. I would have to coach them because the only one who knows who Alice really is, is me. They would be surprised where Alice would not go. Alice would never swear at the audience, he is more of a gentlemen villain. He would slit your throat but he would

never swear at you.

M: Who would you want to see playing you in this play?

AC: I keep telling Johnny Depp that he looks so much like me. I say, "Johnny, you and I are so similar, all you need to do is get your nose broken a few times." I say it would be the perfect character for (him) to play.

Q: If you could make the ultimate band, who would be in it (dead or alive)?

AC: Keith Moon on drums. Jeff Beck on lead guitar. On bass, I don't think you can get much better than Paul McCartney, and you also have an awfully good singer right there. On your other guitar, probably Jimmy Page. Lead singer you would probably have to have me. On third guitar would be Keith Richards. If anyone could come back from the dead to play, it would be Keith Moon. He was the most insane person I had ever met. One of my best friends, but the most insane and probably the best drummer I ever saw.



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Strathcona County officials say they will be reviewing the use of video screens on their double-decker buses following a report released by the Transportation Safety Board (TSB) in relation to the fatal crash in Ottawa last fall. STEPHANIE DUBOIS/METRO

Strathcona County bus video screens up for review

Upcoming talks.

No specific plans yet, say officials



STEPHANIE DUBOIS
stephanie.dubois@metronews.ca

Strathcona County officials confirm they will review the video screens on their double-decker buses following a report released by the Transportation Safety Board (TSB) Wednesday on the Ottawa bus that collided with a VIA Rail train last fall.

"Even though it's a remote thing, we're going to take it seriously and we're going to have a conversation internally, talk about this video screen and what we should do," said Matthew Carpenter, Strathcona County director of transit.

The screens allow drivers to see the second floor of the bus so drivers can monitor it for safety reasons.

The TSB delivered two new safety letters to the City of Ottawa regarding distracted driving and bus speed on the Transitway, at the VIA Rail crossing where the crash that killed six — including the driver — on

In numbers

14

Fourteen double-decker buses are owned by the county and on average 10 buses travel between Edmonton and Sherwood Park daily.

the double-decker city bus happened.

It recommended reviewing the operational aspects of video monitors on the double-deckers to "ensure that safe bus operation is always maintained," as too many monitors can be distracting to drivers.

Strathcona County officials added that the final report is sure to provide more insight into the crash and will help guide the next steps locally.

"We are eagerly looking forward to the final report, which we think will probably put everything in context. This is one update with one thing that may have contributed to it ... but we want to see the whole thing." **WITH FILES FROM TORSTAR NEWS SERVICE**

Follow Stephanie Dubois on Twitter @MetroSteph



Traffic flow

Council to consider pricey Yellowhead fix

The city is hoping a new federal grant program can be the grease that gets traffic moving on the Yellowhead.

Next Wednesday, city councillors will be asked to consider two options for improving flow — the first being a \$292-million project,

closing intersections and creating an interchange at 149 Street.

The second option, with a \$687-million price tag, would complete those changes and create interchanges at 121 Street and 127 Street, while also improving the Fort Road and 66 Street interchanges.

Coun. Tony Caterina said the city shouldn't do this project piecemeal.

"It's not going to get any quieter in the city. It's going to get much busier," he said.

The federal government's grant won't cover the cost of land purchases and covers a maximum of a third of the overall cost, leaving the city with a hefty share of the project.

Rob Gibbard, the transportation department's director of capital planning, said depending on the province's contribution, the city could be on the hook for \$115 million of the first option and \$260 million of the other proposal.

He said, with the Yellowhead a national highway, the city would have a strong case to make, but the grant isn't a guarantee either.

"We have to demonstrate to the feds that what we have is a nationally significant project," he said.

RYAN TUMILTY/METRO

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Branding. Prentice drives stake through Redford's signature campaign

Premier Jim Prentice heaped scorn on former premier Alison Redford's seven-figure signature Building Alberta branding campaign Thursday — then he drove a stake through it.

Prentice criticized the 300 Building Alberta signs that now crowd the Alberta landscape, announcing everything from road repairs to building start-ups and always including Redford's name.

"You know, 300 signs staked out in the ground isn't a good measure of performance — and you're not going to see my name on any signs," Prentice said to applause in a speech to the Alberta Urban Municipalities Association.

"What you're going to see is the minister of finance and the minister of infrastructure standing up in the seat of democracy ... tabling a report card on where we are on the capital build."

Prentice, speaking later to reporters, confirmed the campaign will be shelved, but not at added cost.

What's in a brand?

Building Alberta was a branding program that at its height touched every piece of good news information that emanated from the Redford government.

"I'm not prepared to invest dollars removing (the signs)," he said, adding he got an earful from Albertans on them while on the Progressive Conservative leadership campaign trail.

He said the government may still put the signs to use, such as affixing new information on them to deliver updates and timelines on the progress of the construction.

NDP Leader Brian Mason said that means Building Alberta will live on in some fashion. "It sounds like (Prentice) wants to keep signs on highways, but he just wants his message on there, rather than Alison Redford," he said.

THE CANADIAN PRESS

THOSE JENNIFER LAWRENCE PICS COULD HAVE BEEN YOURS



FOOTNOTES
Omar Mouallem
omouallem@gmail.com

Remember when Pamela Anderson's sex tape was released?

That's what people called it then, "released." Not stolen, not extorted, but released.

And as the Internet became as ubiquitous as running water we started calling them "leaks," as if it was public information to which we were entitled.

Certainly it felt that way during the five years I worked in a video store, where we'd rent out sex tapes and speculate whether the celebrity was complicit in such a release, leak, scandal or what have you. Each unwitting leak of celebrity pornography was an event. Although this cottage industry centred around women, men too, like Fred Durst, were sometimes the subjects. And we laughed at them just the same.

What a difference one

month has made.

With the mass hacking of celebrities' private pictures (now in its fourth week with no sign of letting up), the discourse has changed dramatically and we're finally calling them for what they are: sex crimes.

When Jennifer Lawrence's pictures were splattered all over 4Chan, Reddit and Tumblr earlier this month, I witnessed social media users' predictable knee-jerk titillation. Even my own first thought was to look. But that was a blip.

As more details emerged — that she was one of dozens of targeted women whose intimate pictures were stolen by brute force — the public conversation became ethical. Soon, even the prince of gossip Perez Hilton was pulling the images from his website and apologizing.

Even with the threat to expose nude pics of Emma Watson, in retaliation to her UN speech on embracing feminism, revealed as a cruel

hoax (the makers prefer "viral marketing," but let's call it for what it is), I've noticed fewer late-night talk-show punchlines, more sensitive media coverage and a madder Internet. Few will even admit to having looked at the pictures.

Maybe it's the sheer volume of illegally obtained images that's changed us or the hacker's frank misogyny. Or maybe, finally, we're growing empathy for the stars we love and disdain.

That could have been your iCloud account or phone that was hacked. Any average person could have been just as easily violated, if only they were interesting enough to sexual criminals.

But, of course, hapless, average people have been victims of similar sex crimes for years. Revenge porn is a subculture that has even adopted its own vernacular. But it's essentially non-consensual pornography that preys almost entirely on women whose only crime was doing something that more

than half of U.S. adults have done before, according to a recent McAfee survey.

Actually, that's the percentage of adults who've sexted. The number who've produced nude selfies or intimate videos for their private pleasure is undoubtedly higher. Higher still is the number of people who use Internet porn.

How do you know that what you saw was consensual? Given the volume of pornography now available, you almost certainly can't.

It's time for an ethical porn movement.

Why not? We've asked our food providers and oil producers to be more transparent. Some of us won't even use shampoo that's treated on animals.

A non-profit, the Ethical Porn Partnership, has already emerged from this philosophy. And Canada's Victims Bill of Rights is moving to protect against non-consensual porn as we speak. But we needn't wait for them to take shape to be better consumers of porn.

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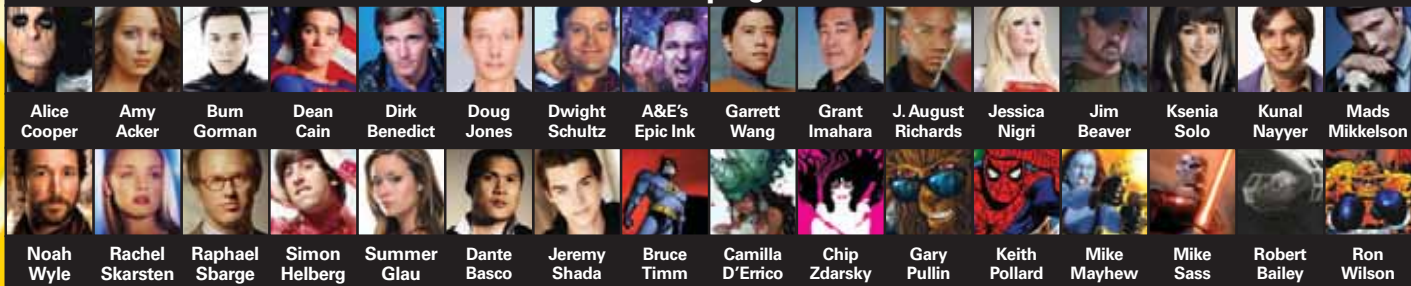
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McGill football star charged in domestic-violence incident

Luis-Andres Guimont-Mota. Running back accused of assault, uttering threats, but lawyer says he was the victim, not aggressor

The lawyer for a star McGill University football player charged in an alleged case of domestic violence says his client was the victim and not the aggressor.

Luis-Andres Guimont-Mota, 22, was formally arraigned in Montreal on Thursday on charges of assault and uttering threats against his estranged wife. He was immediately released on \$300 bail and a host of conditions.

The third-year business management student and starting running back was arrested at a downtown apartment on Wednesday morning.

By late that evening, McGill said the player in question had been immediately



McGill Redmen football player Luis-Andres Guimont-Mota was formally arraigned in Montreal on Thursday. TWITTER

suspended as per the university's varsity athletics guidelines.

"What's particular in this case is my client is the victim and not the aggressor, contrary to the cases in the United States," said defence lawyer Steve Hanafi, referring to a spate of domestic violence cases involving NFL players.

Hanafi said the university was too hasty in suspending

Guimont-Mota from the football team and that he and his client would challenge the decision.

"I think they acted too fast just to protect their image and they don't know the facts," he told reporters.

Hanafi said Guimont-Mota is considering filing a cross-complaint against his estranged wife, the alleged victim in the current case.

THE CANADIAN PRESS



Pupils picket patriotism-over-protest proposal

Students line a busy intersection and overpass in Littleton, Colo., Thursday, to protest a school board proposal to emphasize patriotism and downplay civil unrest in the teaching of U.S. history. Hundreds of students walked out of class Thursday in the fourth straight day of protests. BRENNAN LINSLEY/THE ASSOCIATED PRESS

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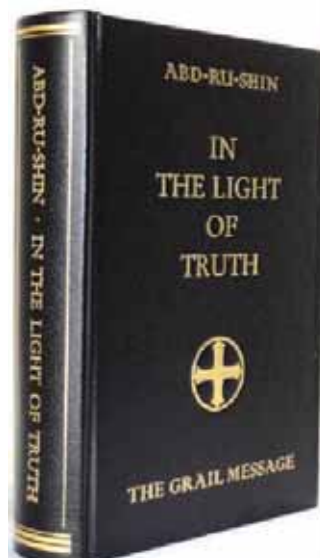
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Ferguson. Brown's body lay on street too long, police chief admits

The police chief in the St. Louis suburb where an officer fatally shot an unarmed 18-year-old last month released a video Thursday apologizing to the family and the community, acknowledging that Michael Brown's body remained in the street for too long after he was killed.

The video featuring Ferguson police Chief Tom Jackson was released on the same day Brown's parents were in Washington pressing for a federal investigation into the shooting. A state grand jury

Video released

Michael Brown, who was black, was fatally shot Aug. 9 during a confrontation with a white police officer.

- Brown's body remained in the street for more than four hours.

is considering whether criminal charges are warranted.

THE ASSOCIATED PRESS

Seen as successor

Cartel leader's nephew acquitted

A Mexican court has ordered the release of the nephew of deceased Sinaloa drug cartel leader Ignacio Coronel because of procedural violations. Officials had portrayed the man as his

uncle's likely successor.

At the time of Beltran Coronel's arrest in May 2011, Mexico's Defence Department said he had taken over after his uncle died in a shootout with troops in 2010, overseeing trafficking from South America through western Mexico.

THE ASSOCIATED PRESS

Tiger killed in fight with younger male cat at zoo



A Siberian tiger photographed at the Assiniboine Park Zoo in Winnipeg in 2013.

SHANE GIBSON/METRO FILE

Gate left unlocked. Fatal altercation begins while visiting students look on

A group of high school students got a real-life lesson in wild animal behaviour Thursday when they witnessed part of a fatal fight between two tigers at a Winnipeg zoo.

Officials with the Assiniboine Park Zoo said an older Siberian male tiger pushed open a mistakenly unlocked gate and stepped into a neighbouring den housing two younger male cats.

One of the younger tigers then attacked the older one

Quoted

"Any tiger ... has the potential to act aggressively."

Dr. Chris Enright, veterinarian

and, although the fight took place at the rear of the enclosure, it happened in view of any visitors who happened to be at the tiger exhibit.

Margaret Redmond, president of the Assiniboine Zoo Conservancy, told reporters that the students were on a class trip with a teacher.

No visitors were in any danger at any time, she said, and a review of the incident is underway.

The zoo's chief veterinarian, Dr. Chris Enright, said the 19-year-old tiger who died was named Baikal and had been at the zoo for about five years. The neighbouring den houses a pair of younger tigers, two-year-old brothers named Samkha and Vasili.

Vasili, the one who killed Baikal, was likely defending his turf, said Enright.

"Any tiger — they're a 350-pound predator — has the potential to act aggressively in defence of itself," he said. METRO WITH FILES FROM THE CANADIAN PRESS

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Iraq. ISIS executes female human rights lawyer: UN

Militants with the Islamic State of Iraq and al-Sham tortured and then publicly killed a human rights lawyer in the Iraqi city of Mosul after their self-proclaimed religious court ruled that she had abandoned Islam, the UN mission in Iraq said Thursday.

Gunmen with the group's newly declared police force seized Samira Salih al-Nuaimi last week while she was home with her husband and three children, two people with direct knowledge of the incident told The Associated Press.

According to the United Nations Assistance Mission in Iraq, her arrest was allegedly connected to Facebook messages she posted that were critical of the militants' destruction of religious sites in Mosul. A statement by the UN on Thursday added that al-Nuaimi was tried in a so-called Sharia court for apostasy, after which she was tortured for five days before the militants sentenced her to public execution. Her Facebook page appears to have been removed since her death. **THE ASSOCIATED PRESS**

Alleged plot

Iraqi PM claims ISIS plans to bomb New York and Paris

Iraq's prime minister said Thursday that captured Islamic State of Iraq and al-Sham militants have told Iraqi intelligence agents of an alleged plot to attack

subways in the United States and Paris, but French and American officials said they had no such information.

A senior Obama administration official said no one in the U.S. government is aware of such a plot, adding that the claim was never brought up in meetings with Iraqi officials this week in New York.

THE ASSOCIATED PRESS

UAE's first female fighter pilot leads airstrikes on ISIS

Syria. United Arab Emirates ambassador calls Maj. Mariam al-Mansouri 'highly trained (and) combat ready'

The first female air force pilot in the United Arab Emirates led airstrikes against Islamic State of Iraq and al-Sham (ISIS) militants in Syria earlier this week, the federation's ambassador to Washington said on Thursday as he pledged his country will do "whatever is necessary" to defeat the militant group.

Social media has been buzzing with rumours that F-16 pilot Maj. Mariam al-Mansouri played a part in attacks against the jihadist group, with many users taking delight in the rebuke it implied toward the militants' ultraconservative ideology.

Ambassador Yousef al-Otaiba's comments were the first

public confirmation of her role.

"She is a fully qualified, highly trained, combat-ready pilot, and she led the mission," al-Otaiba said during an appearance on American cable channel MSNBC's *Morning Joe*.

The Emirates, a seven-state federation that includes the capital of Abu Dhabi and the Mideast commercial hub of Dubai, is one of five Arab countries that have joined the U.S.-led coalition carrying out the airstrikes in Syria.

Al-Mansouri was born in Abu Dhabi and graduated from the country's Khalifa bin Zayed Air College in 2007, according to a profile earlier this year in the government-owned newspaper *The National*.

Emirati leaders have taken steps to raise the status of women in the oil-rich country, which has modernized rapidly since its formation in 1971 and is now home to a cosmopolitan blend of foreign businesspeople, expatriate professionals and low-paid migrant



Mariam al-Mansouri, the first Emirati female fighter jet pilot, gives the thumbs-up as she sits in the cockpit of an aircraft in United Arab Emirates in 2013. EMIRATES NEWS AGENCY/WAM/THE ASSOCIATED PRESS

workers who together far outnumber the local population.

Al-Otaiba linked al-Man-souri's role to the campaign to defeat ISIS. "Do you want a model or a society that allows women to become ministers in government, female fighter pilots, business executives, artists? Or do you want a society where if a woman doesn't

cover up in public she's beaten or she's lashed or she's raped? This is ultimately what this breaks down to," he said.

It is important that moderate Arab and Muslim nations take a stand against ISIS militants, al-Otaiba said, describing the group as "a threat to our way of life."

THE ASSOCIATED PRESS



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Napoleon, left, and Antosia at a zoo in Poznan, Poland, in 2010. JOANNA PIECHOROWSKA/THE ASSOCIATED PRESS

Donkey couple reunited amid brou-hee-haw

Poland. Citizens outraged after public love-making at zoo caused Napoleon, Antosia to be separated

Napoleon is now back with his Antosia.

The two amorous donkeys who were separated because of an outcry over their love-making have been reunited at a zoo in Poland.

The couple, together for 10 years, got into trouble when mothers expressed outrage that children had to witness their mating. Local conservative of-

Quoted

"Animals separated by sex into different cages? It's complete idiocy."

Stefan Niesiolowski, lawmaker with the Polish governing party, Civic Platform

ficial Lydia Dudziak took up their cause and persuaded the director of the zoo in Poznan to have the animals put in separate pens.

The zoo acknowledged making a mistake Thursday and said the donkeys are again in one pen after about a week apart. "It was never our inten-

tion for any animals to feel uncomfortable because of their natural behaviours," the zoo said in a statement.

The interruption of the long-standing romance turned into a national news item in Poland in the past days. Nearly 7,000 people signed a petition to have them reunited.

Experts weighed in, saying the separation could hurt their psychological well-being. Politicians were asked about it on the country's leading news programs.

In their decade together, Napoleon and Antosia have produced six offspring.

THE ASSOCIATED PRESS

Germany

Gambler saved from prison by a one-armed bandit

Police said Thursday that two officers carrying out routine checks at an arcade in Bochum, Germany, late last week discovered that a man playing a slot machine faced an arrest warrant.

He had been ordered to pay a 710-euro (\$1,005) fine or go to prison for 71 days after resisting police during a previous incident.

Police said that as officers informed the man that he faced arrest, the slot machine started to flash and the 37-year-old won a jackpot of 1,000 euros. The man paid his fine on the spot — in cash. THE ASSOCIATED PRESS

Anchorage

Earthquake shakes Alaska

A powerful earthquake shook up a large swath of Alaska Thursday, including the state's largest city.

The Alaska Earthquake Center said the quake had a 6.2 magnitude. No immediate damage or injury was reported. THE ASSOCIATED PRESS



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The Scotiabank Toronto Waterfront Marathon takes over the majority of the downtown as 25,000 runners take part in October 2013. RICK MADONIK/TORSTAR NEWS SERVICE

Who will win the race? After a slow start, the running event biz has hit its stride — but now it's do-or-die time for organizers scrapping it out

MELISSA DUNNE
melissa.dunne@metronews.ca

A sea of hipsters wait in T-shirts, headbands and sunglasses. Soon, their bright white shirts will look like the inside of a Skittles bag.

They look pleased. After all, most paid about \$60 a pop to be popped with brightly coloured powder during a five-kilometre run earlier this month in downtown Vancouver.

Across town, another sea of runners in rainbow-bright clothes and shoes are readying for a timed 10-km road race.

It's clearly do-or-die time for running event organizers scrapping it out in the booming running events business.

It wasn't always this way.

Back in 1963 at Calgary's first marathon, a mere 19 men showed up, and only 12 finished. This year, more than 15,000 people took part. In 1975, 144 men and two women ran Ottawa's marathon. This May, 4,436 men and 2,599 women ran the marathon. And overall, 47,827 people participated in six events during Ottawa Race Weekend.

It's the same story coast-to-coast. While it took years for traditional road races to slowly build up their events, new events seem to have quickly sprinted to the head of the pack.

The Color Run, LLC held its first event in Arizona in 2012.

Charity

- Some for-profit runs, like the Canada Running Series, have a separate non-profit foundation. Others donate a small amount of money to charity directly.
- But the majority of money for charity via runs (whether a non-profit or not) is raised by individual runners.

In 2013, the for-profit company hosted roughly 170 events in more than 30 countries.

The Color Run (which has not added a "u" in deference to our spelling) held five events in Canada in 2013. This year, it grew to eight events, and plans to expand again next year.

About 60 per cent of participants in the untimed "fun runs" are first-time runners, according to a Color Run spokesperson.

The for-profit Tough Mudder LLC tends to attract more seasoned runners. Since it started in 2010, more than 100 Tough Mudders have been held around the globe. The 18- to 20-km events include obstacles such as: mud, freezing-cold ice, electricity and fire. A cross-section of CrossFitters, gym rats and runners in Canada have plunked down about \$139.99 to \$199.99 (plus fees and taxes) to take part in the gruelling event. In 2012, the business co-founded by a Harvard Business School grad brought in \$70 million US in revenue, according to New York Magazine.

Alan Brookes, the director of the Canada Running Series Inc., is not worried about all the new competition.

"We're passionate believers in doing one thing well," says Brookes from Vancouver, where

he was hosting the Vancouver Eastside 10K. "We are sticking to the traditional, complete road race and leaving the mud and colour to others."

The for-profit Canada Running Series holds a total of eight races in Toronto, Montreal and Vancouver every year. Its marquee event, the Scotiabank Toronto Waterfront Marathon (STWM), has hit its stride — celebrating 25 years this year and on pace to hit record numbers of participants.

The STWM began as the Coors Light Toronto Half-Marathon — part of a "six-pack" of races in a nod to the sponsor.

In 1990, about 1,500 people took part. In the last five years the number of participants at the STWM (which now includes a 5-km run, half-marathon and full marathon) has risen almost 400 per cent, with about 25,000 expected on Oct. 19.

Lately, it's condo-dwelling millennials of both genders that are pushing the phenomenal growth, Brookes says.

And companies are jockeying for a prominent spot at these events so they can market their product or brand to the swelling crowds of young, fit and well-heeled runners. Brands have such a strong presence that some runs look like NASCAR races.

Being a part of these feel-good events is worth a lot to companies.

In 2008, Richard Branson's group paid about \$30 million in a five-year deal to sponsor London's not-for-profit marathon. It's now called the Virgin Money London Marathon.

Eye-popping deals like that seem to have encouraged a slew of newbies to give putting on an event a shot. Many quickly hit a wall.

Earlier this month, Runner's World Magazine reported some

theme and obstacle events have failed lately, with insiders pointing to "organizer's inexperience and unanticipated costs."

Heather Wall has experienced what she says was a poorly executed event firsthand.

The über-fit Ottawa mom runs in about a dozen events per year, including the Canada Army Run in Ottawa last weekend. Two years ago she tried a local obstacle endurance event.

"It was not well organized," says Wall. "It left a bad taste in my mouth."

Among other things, she says it was not clear the event was solely a for-profit venture and she worried about the safety of runners as she believes there was not sufficient medical help on site.

"I'm glad I did it, but I would never do it again," says Wall.

A safe event is something runners like Wall keep top-of-mind.

In 2012, a man drowned at a Tough Mudder in West Virginia. The death was ruled accidental. The man's family have since filed a lawsuit.

In the mad dash to cash in, some of these events will trip up and drop out along the way. In the long run, runners like Wall will determine which events get a second wind.

Run, Metro, Run!

Full disclosure: I have participated in several Canada Running Series and Running Room events over the years. Many of my Metro mates are also participating in the Scotiabank Toronto Waterfront Marathon's media challenge. Check out our group blog, Run, Metro, Run!, at: metronews.ca/voices/run-metro-run/

The Running Room

Free clinics mean big money

Every Sunday morning the true believers gather to worship in the running temples John Stanton built.

The former two-pack-a-day smoker started the Running Room in 1984. The first store was literally a room in a house in Edmonton.

Thirty years later, there are about 1,500 staffers and 128 stores in North America.

Since the start, Stanton has preached about inclusiveness and community.

The stores generally run free clinics every Wednesday night and Sunday morning that anyone can attend. Plus, the stores offer

several training clinics for \$69.99 in Canada, which are sponsored by running shoe companies, such as New Balance and Saucony.

"The clinics are a little bit self-serving," Stanton freely admits in a phone interview from Edmonton. It's a mutually beneficial relationship, he says. Customers get fit and meet like-minded people and the store builds a strong relationship with customers and sells them a new pair of running shoes every now and then.

Competitors are starting to see the light. Vancouver's Lululemon Athletica Inc. and MEC (formerly Mountain Equipment Co-op) are among the growing number of retailers now offering free running groups and sponsoring running events, too.



Color Me Rad saw well over a thousand people run the five-kilometre race. The running boom has been a boon to gadget makers. Scan the photo with your Metro News app to see a gallery of the latest products making the rounds among runners. STEFANIA SECCIA/FOR METRO IN VANCOUVER FILE



Winnipeg police confirm officers had contact with Tina Fontaine a day before the 15-year-old girl was last seen alive. WINNIPEG POLICE SERVICE/THE CANADIAN PRESS

Officers saw missing girl day before she disappeared

Tina Fontaine.

Winnipeg police are looking into why the 15-year-old was not taken into custody

Winnipeg police confirmed Thursday that two officers came across Tina Fontaine the day before she disappeared and one week before her body was pulled from the Red River.

Fontaine, 15, was in a vehicle police pulled over on Aug. 8, more than a week after she was reported missing, but she was not taken into custody.

Police set up a news conference to respond to a report from CTV that said Fontaine was a passenger in a vehicle with a man who was arrested on suspicion of being impaired.

Fontaine's great-aunt, Thelma Favel, said Thursday social workers told her that on the night of Aug. 8 — which would be a few hours after police came across Fontaine — Fontaine had passed out in an alley downtown and paramedics took her to a nearby hospital. "They kept her there for about three or four hours until she sobered up a little bit and then (social workers) picked her up from the hospital."

THE CANADIAN PRESS

California

Woman punched by officer settles for \$1.5 million

A woman punched repeatedly by a California Highway Patrol officer on the side of a freeway in an incident caught on video July 1 by a passing driver will receive \$1.5 million US in a settlement, and the officer has agreed to resign.

Marlene Pinnock, diagnosed with bipolar disorder, had been off her medication for two to three months before the altercation.

The bulk of the settlement will take the form of a special-needs trust for Pinnock, the CHP said.

Officer Daniel Andrew, who joined the CHP in 2012, has been on paid administrative leave since the incident. THE ASSOCIATED PRESS

Toronto

Doctors cleared of drugging, sexually assaulting woman

Two Toronto doctors accused of drugging and sexually assaulting a medical student in 2011 in a hotel room after a night of drinking and dancing at a Toronto club have been found not guilty.

Justice Julie Thorburn

said while it was agreed that Dr. Amitabh Chauhan and Dr. Suganthan Kayilasanathan had a "sexual encounter" with the woman, she was not satisfied beyond a reasonable doubt that the woman was drugged and did not consent to the encounter.

Both doctors told reporters they looked forward to moving on with their lives.

THE CANADIAN PRESS

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Orphaned moose. Calf without its mother after Wyoming park accident

Photographers and wildlife watchers in Grand Teton National Park have been getting too close to moose during mating season, likely contributing to the death of an agitated cow moose near the Gros Ventre campground, park officials said.

Park spokeswoman Jackie Skaggs said the combination of a rutting bull moose, park visitors and photographers led an agitated cow moose to run, stumble over a picnic table and land in a fire grate, where her hind leg was nearly severed. Rangers euthanized the female

moose Wednesday morning. She left behind a yearling calf.

"The calf was not injured in the commotion during this crush of people, but we're not sure whether the calf will survive the winter without her mother," Skaggs said.

Retired U.S. Forest Service ranger Anne Huebner of Idaho, who had been staying at the campground, said people were getting too close to the animals. People are prohibited from getting closer than 25 yards to a moose. The limit is 100 yards for bear and wolves.

THE ASSOCIATED PRESS

Detroit

Canadian turtle smuggler charged

A Canadian man has been charged after border agents at the Detroit-Windsor Tunnel said they found more than 50 turtles strapped to his body and hidden between

his legs.

The Detroit News reported that Kai Xu was charged Wednesday with smuggling, illegal trading and exporting. He appeared in federal court in Detroit on Thursday.

Authorities found the turtles after Xu's SUV re-crossed the border and was stopped in Windsor. THE ASSOCIATED PRESS

\$80K in frozen chicken deserted at truck stop



An Idaho truck driver abandoned his delivery truck after his employer refused to pay him more money. The cargo of 37,000 pounds of chicken, worth about \$80,000, was left sitting rancid at a Montana truck stop at least three days.

MARTIN KIDSTON/THE MISSOULIAN/THE ASSOCIATED PRESS

Abandoned trailer.

Sitting at least three days, juices of 37,000 pounds of rotting chicken dripped along Montana truck stop's parking lot

A truck dripping rancid juices from thousands of pounds of rotting chicken sat in the heat attracting flies Thursday at a western Montana truck stop, where an Idaho trucking company employee abandoned it at least three days earlier.

The driver left the trailer containing approximately 37,000 pounds of frozen chicken near the Flying J Truck Stop west of Missoula after the company refused his requests for more money, authorities said. The chicken was worth \$80,000.

The truck was discovered

Tuesday, though it's unclear how long it had been there.

The driver reportedly texted Dixie River Freight Inc. several times, saying he needed more money. When the company refused to pay him until he delivered the load, he apparently abandoned the trailer at the truck stop, according to police in Nampa, Idaho.

On Thursday, the trailer was surrounded by sawhorses, crime scene tape and flies at the truck stop as temperatures threatened to reach 90 F (32 C) for a second straight day.

Alisha Johnson with the Missoula City-County Health Department said Dixie River's insurance company was responsible for cleaning the mess. She added they'll either have to prepare a landfill to receive the load, or they can freeze the trailer.

Nampa police are searching for the truck driver but had not released any information by early Thursday afternoon.

THE ASSOCIATED PRESS



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Just 'digging around' in N. Korean prison

Matthew Miller. U.S. man sentenced to six years of hard labour says he mostly does agricultural work

An American man recently sentenced by North Korea to six years of hard labour says he

is digging in fields eight hours a day and being kept in isolation, but that so far his health isn't deteriorating.

Under close guard and with only enough time to answer one question, 24-year-old Matthew Miller spoke briefly to The Associated Press at a Pyongyang hotel where he had been brought to call his family.

It was his first appearance since he was convicted Sept.

14 of entering the country illegally to commit espionage.

"Prison life is eight hours of work per day. Mostly it's been agriculture, like in the dirt, digging around," Miller said when asked what conditions were like in prison.

"Other than that, it's isolation, no contact with anyone. But I have been in good health, and no sickness or no hurts," he said, showing

little emotion.

At Miller's 90-minute trial, North Korea's Supreme Court said Miller tore up his tourist visa upon arriving in Pyongyang on April 10 and declared his ambition to experience prison life so he could secretly investigate North Korea's human rights situation.

Miller is one of three Americans detained in North Korea. Jeffrey Fowle, who was arrested

in May for leaving a Bible at a sailor's club, is expected to be tried in court soon. Kenneth Bae was sentenced in 2013 to 15 years of hard labour.

Last week, Robert King, the U.S. special envoy for North Korean human rights issues, said Pyongyang has not accepted American offers to send a high-level envoy to seek release of the three men.

THE ASSOCIATED PRESS



Matthew Miller THE ASSOCIATED PRESS

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ISIS beheading videos

Masked man's identity possibly known by U.S.

The U.S. believes it has identified the British-accented masked man in the videos depicting the beheadings of two American journalists and a British aid worker, the FBI director says.

THE ASSOCIATED PRESS

Post-9/11 illnesses

Ex-firefighters with FDNY die within hours of each other

Three retired firefighters who worked at Ground Zero have died on the same day from illnesses related to the 9/11 attacks, fire officials said Thursday.

THE ASSOCIATED PRESS



Britain may join ISIS fight

A demonstrator bangs a drum at an anti-war demonstration near Downing Street in London on Thursday. During his address to the UN General Assembly, U.K. Prime Minister David Cameron said he will ask Parliament to approve joining international airstrikes against ISIS.

KIRSTY WIGGLES/THE ASSOCIATED PRESS



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Cuban colognes honour Guevara, Chavez

'Ernesto' and 'Hugo.'

Now you, too, can have the woody scent of revolution

Call it "Eau de Revolution."

Cuba's biggest producer of natural products has come up with a pair of colognes for the discerning supporter of inter-

national socialism who wants something more than just the iconic "Che" T-shirt.

A woody and refreshing citric scent with notes of talcum powder called "Ernesto" honours guerrilla leader Ernesto "Che" Guevara. For those seeking something softer and fruitier, there's a blend with hints of mango and papaya called "Hugo," for the late Venezuelan President Hugo Chavez.

Formulated by a French company and produced in Cuba, the men's colognes are being presented this week at a Labiofam convention in Havana.

The two scents so far have generic bottles and simple printed labels bearing only their names. But Labiofam is developing more attractive bottles and labels with hopes of putting the colognes on sale

in Cuba and internationally. Gonzalez said. She declined to provide a timeline.

Labiofam officials said they and French firm Robertet worked for more than 1 1/2 years to produce the colognes. The Cuban company polled 122 visitors to other pharmaceutical conventions to determine what names people preferred from a pre-selected list of options. **THE ASSOCIATED PRESS**



A man shows two bottles of cologne: "Ernesto," and "Hugo." **THE ASSOCIATED PRESS**

Wage negotiations stalled. South Korean Hyundai workers striking in protest

Thousands of Hyundai Motor Co. workers are striking to protest the South Korean automaker's decision to spend \$10 billion on land for a new headquarters while wage negotiations remain stalled, a union said Thursday.

Union spokesman Hwang Ki-tae said the mood among workers turned sour after a Hyundai-led consortium offered 10.55 trillion won (\$10.1 billion) for land in Seoul's upmarket Gangnam district. About 47,000 workers are walking off the job for a total of 12 hours from Tuesday to Friday. Hyundai has about 60,000 workers.

Since June, the union has been in talks to negotiate new terms for wages and benefits. The latest talks broke down

after the company refused to accept the union's proposal, citing cost issues.

Hwang said the land deal showed that Hyundai's position could not be justified. Hyundai is paying about three times the land's value to squeeze out other bidders. The union's demands include changing the employment status of temporary workers at production lines to full-time employment. The union also wants the company to count bonuses as part of regular wages, which are the basis for calculating pension and paid leave entitlements.

Hyundai's union said the company refused to accept the wage terms citing the cost of 1.4 trillion won. The company declined to confirm the figure.

THE ASSOCIATED PRESS

Ignition switches

Chrysler recalling almost 350,000 cars

Chrysler is recalling nearly 350,000 older model cars and SUVs in the United States, Canada, Mexico and elsewhere to fix ignition switches that could unexpectedly shut off their engines.

The recall covers 2008 Jeep Commander and Grand Cherokee SUVs, Chrysler 300 and Dodge Charger sedans and Dodge Magnum wagons. All were built before May

12, 2008.

It covers an estimated 18,976 vehicles in Canada, as well as more than 292,000 in the United States, almost 50,000 in Mexico and more than 33,000 outside North America, according to the company website.

Chrysler says the ignitions may not fully return to the "on" position after being started. The switches could move to "accessory" or "off." That could shut off the engine and knock out power-assisted steering and other features. **THE ASSOCIATED PRESS**

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Is Bash bug worse than Heartbleed?

Uh-oh. Experts are divided over whether the latest security flaw will cause more chaos than the Heartbleed bug

New warnings are emerging of a security flaw known as the "Bash" bug, which cyber experts say may pose a serious threat to devices using Unix-based operating systems such as Linux and Mac OS X.

Beyond computers, devices ranging from home Internet routers to systems used to run factory floors and power plants to medical equipment could be affected.

The Department of Homeland Security's Computer Emergency Readiness Team in the U.S. issued a warning about the vulnerability this week. Experts are divided over whether the bug could pose a bigger threat than the

Heartbleed computer security flaw discovered earlier this year.


Security company Rapid7 said that while the vulnerability "looks pretty awful at first glance," hackers will not be able to exploit most systems running the affected Bash software. The Heartbleed bug exploited a key piece of security technology used by hundreds of thousands of websites. For more than two years before it was discovered, the flaw exposed passwords and other sensitive data to hackers who could steal that information.


The reason the Bash bug could be worse than Heartbleed is because it gives the attacker a bigger advantage than Heartbleed did, said Tod Beardsley, engineering manager at Rapid7. With Heartbleed, attackers could get an information leak. With the Bash bug, they can get "remote code execution," a way to take control of the affected device to install programs or


run commands, he said. The bug is rated a maximum 10 out of 10 for its impact and ease of exploitability by the Common Vulnerability Scoring System, an industry standard for assessing how bad security flaws are.


THE ASSOCIATED PRESS

Market Minute

 **DOLLAR**
90.03¢ (-0.41¢)

 **TSX**
14,893.57 (-226.97)

 **OIL**
\$92.53 US (-\$0.27)

 **GOLD**
\$1,221.90 US (+\$2.40)

Natural gas: \$3.96 US (+\$0.06)
Dow Jones: 16,945.80 (-264.26)



The baby boomers had Woodstock, millennials get PotatoStock 2014

Zack Brown, the man behind the potato salad Kickstarter campaign, is photographed on Sept. 18 in Columbus, Ohio. Brown is planning PotatoStock 2014, an all-ages, charity-minded party Saturday in downtown Columbus featuring bands, food trucks, beer vendors, potato-sack races and definitely potato salad. His effort on Kickstarter in early July to buy potato salad ingredients took on a life of its own and attracted worldwide attention as the amount grew. The 31-year-old jokingly sought \$10 US from the crowdfunding website to pay for his first attempt at making potato salad and eventually raised \$55,492. CHRIS RUSSELL/THE COLUMBUS DISPATCH/THE ASSOCIATED PRESS

Service providers. Forcing pick-and-pay TV futile, is coming anyway: Report

Forcing TV service providers to offer their customers television channels on a pick-and-pay basis would be a waste of time, a new study says.

The C.D. Howe Institute report released Thursday says ever-changing technology will soon put viewers squarely in the driver's seat, allowing them to choose everything they watch one program at a time.

And it suggests it would be better for regulators to determine whether broadcasters should continue to be required to fund the production of Canadian content.

The study also opposes

the idea of forcing new video-distribution services, such as Netflix, to pay into funds that subsidize such content.

Entitled Let the Market Decide: The Case Against Mandatory Pick-and-Pay, the study comes as the Canadian Radio-television and Telecommunications Commission conducts a comprehensive review of how consumers get their TV programming and how they pay for it.

The Harper government has been promoting the pick-and-pay model as good for consumers.

THE CANADIAN PRESS

More coming?

Drones for moviemaking get FAA approval

The government granted six movie and television production companies permission to use drones for filming, an important step toward greater use of the technology by commercial operators, Transportation Secretary Anthony Foxx announced Thursday.

Dozens of other industries are lined up to follow Hollywood's lead. Until now, the Federal Aviation Administration, which is part of the Transportation Department, had banned commercial drone operations with the exception of a lone oil company in Alaska. THE ASSOCIATED PRESS

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Lots more H&Ms on horizon

Swedish fashion retailer Hennes & Mauritz AB, with 3,341 stores worldwide, said Thursday it will continue to expand, adding eight to 10 online markets and opening 375 new stores in the next year.

PAUL MORIGI/GETTY IMAGES FOR H&M

Energy boost. Scientists add shine to solar power with golden molecule

Tired of your cellphone's low-battery light blinking as you stand helpless on a downtown corner?

Giovanni Fanchini says he has the fix.

Fanchini and other Western University scientists have turned 144 atoms of gold into a molecule that's proven to increase solar cell performance by more than 10 per cent.

And, Fanchini says, it could come to valuable use in the form of solar-powered phones in as few as five years.

"Every time you recharge your cellphone, you have to plug it in," says Fanchini, an assistant professor in physics and astronomy. "What if you could charge mobile devices like phones, tablets or laptops on the go?"

"Not only would it be convenient, but the potential energy savings would be significant."

There are, of course, other implications of the researchers' work. It has the potential, Fanchini says, to take

solar power mainstream and "dramatically decrease the world's dependence on traditional, resource-based sources of energy."

The technology could be fast-tracked and integrated into prototypes of solar panels in one to two years, he says, noting the team is already working with manufacturers of solar components.

So what exactly did Fanchini and his team do? Well, it's a golden idea.

They used "gold nanoclusters" to create a flexible network of antennae on traditional solar panels. The benefit comes as those golden rabbit ears attract more light.

"Picture an extremely delicate fishnet of gold," explains Fanchini, noting that the antennae are so minuscule they go unseen even with a conventional optical microscope.

"The fishnet catches the light emitted by the sun and draws it into the active region of the solar cell."

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WOMEN'S RIGHTS ARE ELEMENTARY: WATSON

1 Timmies Pop-up Store. In a bid to show how fun it is to work at their stores (and demonstrate their community spirit), Tim Hortons did a one-day, pop-up store at a home in a Calgary community, giving out free double-doubles and doughnuts to residents. As Buzzfeed Canada noted, "eh-plus stunt." Indeed.

2 MANTOWN. Canadian comedians Bob Banks, Adam Cawley, Jason DeRosse and Rob Norman are part of MANTOWN, one of the best alpha-male improv troupes anywhere. They're featured in Toronto's Comedy Festival this week, and are at the Montreal Improv Festival early October. They're a laugh a second.

3 The Great(grandfather) One. Wayne Gretzky, a grandpa? Yep, his daughter Paulina announced Tuesday on her Instagram account that she and her fiancé, pro golfer Dustin



THE METRO LIST

Neil Morton

metronews.ca

Johnson, are preppers. This will be the first grandchild for the hockey icon and his wife, Janet. Congrats.

4 Assiniboine Park Zoo. This Winnipeg zoo had to temporarily close its underwater polar bear viewing tunnel after the bears chewed the silicone sealant around the tunnel's glass. "It just shows you when you're working with live animals, anything can happen at any time," said a zoo spokesperson. Exactly.

5 Emma Watson. The actress and UN Women Goodwill Ambassador gave a game-changing speech on feminism and gender at the UN Headquarters in N.Y.C. to launch the "HeForShe" campaign, which aims to galvanize one billion men and boys as advocates for ending the inequalities that women and girls face around the world. Best thing ever.

6 Teleporter Travel. Marriott Hotels has created a virtual travel experience — a mobile travel booth launched in N.Y.C. with live-action, 4D video and sensory elements to deliver the feeling of actually being in Hawaii and London. Once they figure out every other getaway destination in the world, we'll no longer have to travel. Yes, the future of travel is no travel.

7 CBC's ComedyCoup. Starting Oct. 2, over 10 weeks, comedy creators from across Canada will create hundreds of hilarious videos to submit to the ComedyCoup competition. They advance by getting social media support and feedback from their fans. The winner gets a \$500,000 half-hour TV special on CBC. And we get lots of laughs.

8 Crossing Guards. They're unsung heroes but the spotlight is now shining on them through a Canada's Favourite Crossing Guard challenge. You can nominate a school crossing guard in your community at ParachuteCanada.org from now until Nov. 24 and follow the hashtag #FavCrossingGuard for updates on the contest.

Gorilla groupie



Terri Tacheny plays once a month for an appreciative primate audience that ambles down to the fence as soon as Tacheny begins setting up her harp.

ELIZABETH FLORES/THE STAR TRIBUNE/THE ASSOCIATED PRESS

Great apes enjoy harp music at Minnesota zoo every month

Harpist Terri Tacheny long enjoyed taking her young daughters to Como Zoo in St. Paul, Minn., except for the Primate House, where she thought the gorillas, orangutans and monkeys seemed a little lethargic.

Her solution: A little music.

Now Tacheny, a zoo volunteer, plays once a month for an appreciative audience that ambles down to the barrier as soon as Tacheny begins setting up her beautifully carved wooden harp. She's been doing it for nearly a decade.

As the shimmering sounds of Tacheny's harp drift through the leafy zoo, a male gorilla stares through the fence at the musician, then chews contentedly on vegetation. Families stop to snap pictures.

Quoted

"I don't speak gorilla, but there's a gorilla purr that occurs when I begin to play. And that's their happy sound."

Harpist Terri Tacheny

A therapeutic harpist, Tacheny plays for hospital patients to help them deal with pain and anxiety.

She thought if the soothing sounds helped to calm humans, it would work for the primates too.

Tami Murphy, a zookeeper at Como, said Tacheny has played for all the animals at the zoo. Some animals appear ambivalent, Murphy said, but the harp music "seems to be a really calming thing for the apes to listen."

Tacheny says she's never gotten a negative review from her ape audience. "I've never had anything thrown at me," she said.

THE ASSOCIATED PRESS

MetroTube



Lost and found in Amsterdam



ANDREW FIFIELD

andrew.fifield@metronews.ca

Gone are the days where losing something on a plane is an unfortunate vacation-ruining event. And the thanks go to KLM, who have added an adorable and service-savvy beagle to sniff out an item's wayward owners at Amsterdam's Schiphol airport. Book your flight today! UPDATE: This ad is a fake. It's too late for me, but save yourselves. Hopefully Amsterdam is nice this time of year. (KLM/YouTube)



SCREENGRAB

Twitter

@metropicks asked: The Suitsy is a one-piece where pajamas meet professionalism. Would you wear this?

@ryanmhowell: That is the harbinger of an empire's fall.

@Frostbitenumbal: only if it doesn't make my clip on tie look bad.

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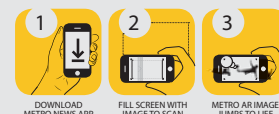


SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 16 in News, pages 25 and 36 in Scene and page 52 in Sports.

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Tool Time with a few twists

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Denzel Washington returns to the action genre with *The Equalizer*. Scan this photo using the Metro News app to see the movie's fast-paced trailer. CONTRIBUTED

Synopsis

Washington plays a home improvement store worker by day, righter of wrongs by night. He's a former black ops commando trying to leave his violent ways in the past but just when he thought that part of his life was over, the Russian mob leans on him because he tried to protect a young woman (Chloë Grace Moretz) from her violent pimp. When he singlehandedly wipes out the East Coast wing of the Russian mob, Teddy (Marton Csokas) — an enforcer from Moscow — arrives to put an end to McCall's one-man search for justice.

• Richard: ●●●●

• Mark: ●●●●

The Equalizer. Denzel Washington's acting chops carry this thriller about a man with a regular life who is pretty talented in using tools as weapons of mass destruction

Richard: Mark, *The Equalizer* is more elegant than Liam Neeson's recent action movies but less viscerally satisfying.

All the elements of Neeson's Eurotrash thrillers are in place — tattooed bad guys and the “seasoned” hero with a “special set of skills” — but the pace is

much slower. The point of the story is that McCall equalizes situations, using his talents to help the downtrodden, but it takes about 30 minutes before any settling of scores happens.

We meet McCall, learn about his orderly life but we don't learn anything about his past. He's Denzel and ergo, a badass, but the first half-hour of this movie could have snapped things up a bit by illuminating his past.

Mark: Richard, withholding information must be what passes for suspense in this thriller.

But I can accept a slow burn off the top if the rest of the movie ignites.

But the plot and tone of the movie is standard stuff, as you say. What lifts the rote material into the stratosphere is Denzel, who is such a good actor we forget we're watching an expensive Steven Seagal flick.

RC: It is a slow burn that does build some tension, and by the time McCall unleashes hell on the Russian mobsters, it comes as a bit of a catharsis. Now the movie is rolling!

Except that it isn't.

It takes ages for McCall to open another can of whoop-ass. Instead director Antoine Fuqua has elected to gradually build up to a wild showdown in a massive hardware store.

Who knew those places

were so dangerous?

The climax is tense and inventive — apparently there is no home improvement device that cannot be turned into a WMD — but it is a more standard blockbuster-movie ending than you might expect from a movie so stingy with the action in the first hour.

MB: Homeowners ... killing homeowners, as the jingle sorta goes.

I liked the set piece at the end; it was very well directed, and I have no quibble with the technical virtuosity of the movie.

Denzel's taciturn hero is mysterious and engaging. But when I thought about it, all of the hero's efforts to eliminate the Russian mob

in Boston would only result in the ascendancy of the Irish mob. And what's Bill Pullman doing in the movie with three lines?

Time to fire his agent?

RC: Pullman did have the nicer house, though, so I guess that counts for something.

Overall it's a good movie and Denzel is, as always, charismatic and interesting, but as he says, paraphrasing Hemingway, if “the old man gotta be the old man,” then *The Equalizer* gotta be more of an action movie to be completely satisfying.

MB: I might say the violence was often gratuitous, but there's not much of a movie without it.

2 SCENE

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Mommy. Director talks about his fascination with mothers and sons and making films about them

ANNE BRODIE
scene@metronews.ca

"I have no culture. I'm ignorant. I have a high school diploma and I've seen eight films."

Quite the admission from Quebec's boy wonder Xavier Dolan who has accrued 36 awards with just five major features since 2009. *I Killed My Mother*, *Heartbeats*, *Laurence Anyways*, *Tom at the Farm* and his latest *Mommy* catapulted him onto the world stage at Cannes, four winning major prizes. Dolan is hands-on in all elements of his films and has a successful acting and voice-over career. Dolan says he has no culture, but it's clear he creates it. And he's just 25.

Mommy finds us in familiar Dolan mother/son territory. The widowed Diane

(Anne Dorval) and her violent, mentally ill teenaged son Steve (Antoine-Olivier Pilon) find it hard to function together or integrate into society. They are perpetual youngsters in a love-hate relationship that recalls his 2009 film *I Killed My Mother*.

"I was ready to go back to mother and sons and I realized I'd never left them," says Dolan. "They'd always been in my movies somehow, sometimes in the background and sometimes in the spotlight. *I Killed My Mother* was about schemes compared to *Mommy*, which is really about an existential crisis between two people who love each other more than the world. They love each other so much they cannot live together."

Dolan picked the word *Mommy* from all the terms for mother as it describes their refusal to grow up.

"*Mommy* is what children call their moms. They don't say ma, or mom or mother except if you're on the Titanic. They say mommy when they're really small. Both Die and Steve are two children; they're just babies. Die is an

eternal teenager and Steve just will never be a grown-up; he's a little baby."

Mommy is set in a "fictionalized Canada" in which a parent may deposit an incorrigible child in an institution indefinitely.

"The thing about mental illness is that it is unpredictable. Steve doesn't think, 'Well, I'm going to go home and burn the house down.' He's a good kid, but he's a ticking bomb. He does not control his outbursts. It's important for me to portray how unpredictable relationships are when mental illness is in the household."

Dolan stars in the upcoming psychological drama *The Elephant Song* in which he's confined to a psychiatric hospital. And he's reportedly starring opposite Taylor Lautner in Gus Van Sant's untitled project based on a New York Magazine article.

Not so long ago, Dolan complained of sitting around waiting for the phone to ring and petting his cat. "It sure has changed. First I'm allergic to cats, I stopped doing laundry, I just buy new briefs, I travel so much I don't have time to wash them."



Mommy, which opens in select theatres next Friday, has been submitted in the best foreign language film category at the Academy Awards. TORSTAR



Simon Helberg and his wife Jocelyn Towne. TORSTAR ARCHIVES/GETTY IMAGES

Helberg's Paris flick has release date

Simon Helberg of *The Big Bang Theory* writes, co-directs and co-stars in the upcoming real-life intercontinental love story *We'll Never Have Paris* — destined for a January 22 debut.

That date is for a limited theatrical release in advance of digital VOD availability shortly after, allowing audiences to watch Helberg's Quinn attempt to win back long-term girlfriend Devon (Melanie Lynskey) when he

mistakenly ends the relationship and she leaves for France.

Indeed, Helberg and Jocelyn Towne confess that the film's calamitous proposal tale is based on their own retrospectively hilarious courtship.

Joining Helberg and Lynskey in the cast are Maggie Grace (*The Twilight Saga: Breaking Dawn*, *Taken* trilogy), Alfred Molina (*An Education*), Jason Ritter (*Parent-*

hood) and Zachary Quinto (*Star Trek Into Darkness*).

Shot on location in New York and the French capital, *We'll Never Have Paris* enjoyed a tour of U.S. film festivals earlier this year, starting at South by Southwest in March before jetting off to the Edinburgh International Film Fest in June; the distribution deal with revitalized MGM subsidiary Orion is its first route towards a wider audience. AFP



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Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com. Ratings: **Certified Fresh:** 🍅 **Fresh:** 🍅 **Rotten:** 🍌 **Audience response:** 🍌 **Audience anticipation for the film:** +

Music/Performing Arts



David Bowie Is

Stars. David Bowie

Bowie is the man who elevated his music to what can only be described as an art form. Driven by an entirely deeper dynamic than most pop artists, David Bowie inhabits a very special world of extraordinary sounds and endless vision. Unwilling to stay on the treadmill of rock legend and avoiding the descent into ever-demeaning and decreasing circles of cliché, Bowie writes and performs what he wants, when he wants.

Rotten Tomatoes™ score

Critics: **Audience:**

No reviews yet 🍌 100%

Animation



The Boxtrolls

Director. Graham Annable, Anthony Stacchi

Stars. Ben Kingsley

The Boxtrolls are a community of quirky, mischievous creatures who have raised an orphaned human boy named Eggs (voiced by Isaac Hempstead-Wright) in the amazing cavernous home they've built beneath the streets of Cheesebridge. When the town's villain, Archibald Snatcher (Academy Award winner Ben Kingsley), comes up with a plot to get rid of the Boxtrolls, Eggs decides to venture above ground.

Rotten Tomatoes™ score

Critics: **Audience:**

🍅 72% + 91%

Drama



The Drop

Director. Michael R. Roskam

Stars. Tom Hardy, Noomi Rapace

Based on a screenplay from Dennis Lehane, The Drop follows lonely bartender Bob Saginowski (Tom Hardy) through a covert scheme of funneling cash to local gangsters — “money drops” in the underworld of Brooklyn bars. Under the heavy hand of his employer and cousin Marv (James Gandolfini), Bob finds himself at the centre of a robbery gone awry, entwined in an investigation that digs deep into the neighbourhood's past.

Rotten Tomatoes™ score

Critics: **Audience:**

🍅 78% + 95%

Drama



Hector and the Search for Happiness

Director. Peter Chelsom

Stars. Simon Pegg, Rosamund Pike

Hector (Simon Pegg) is a quirky psychiatrist who has become increasingly tired of his humdrum life. As he tells his girlfriend, Clara (Rosamund Pike), he feels like a fraud: He hasn't really tasted life, and yet he's offering advice to patients who are just not getting any happier. So Hector decides to break out of his deluded and routine driven life.

Rotten Tomatoes™ score

Critics: **Audience:**

🍅 27% 🍌 63%

Comedy



Dr. Cabbie

Director. Jean-François Pouliot

Stars. Kunal Nayyar, Vinay Virmani

An unemployed immigrant doctor turned cab driver becomes a local hero when he converts his taxi into a mobile clinic.

Rotten Tomatoes™ score

Critics: **Audience:**

No reviews yet 🍌 85%

Documentary



20,000 Days on Earth

Director. Iain Forsyth, Jane Pollard

Stars. Nick Cave

Drama and reality combine in a fictitious 24 hours in the life of musician and international cultural icon, Nick Cave. With startlingly frank insights and an intimate portrayal of the artistic process, the film examines what makes us who we are, and celebrates the transformative power of the creative spirit.

Rotten Tomatoes™ score

Critics: **Audience:**

🍌 98% 🍌 78%

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“THE BOXTROLLS’ IS ENTHRALLING AND MAGICAL.
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—Lynn Hirschberg / W MAGAZINE

“AN ABSOLUTE DELIGHT.”
—Silas Lesnick / COMINGSOON.NET

“A SUPERB MOVIE FOR THE WHOLE FAMILY!”
—Kristy Puchko / CINEMA BLEND

THE BOXTROLLS

PG FOCUS LAIKA TheBoxtrolls.ca
facebook.com/eonefilms youtube.com/eonefilms See it in real 3D eOne

STARTS TODAY Check Theatre Directory for Locations & Showtimes.

Genesis Rodriguez is a pretty big nerd

Tusk. Actress says she has a passion for building robots and welding things



**NED
EHRBAR**
Metro World News in Hollywood

Geeks of the world, you're about to fall in love with Genesis Rodriguez. There's no point in resisting. The actress, appearing in Kevin Smith's totally insane Tusk, used to be part of an all-girl BattleBots team. Her words, not ours.

"We were an all-girls robotics team. We looked like we were kick-ass, cool-ass girls who had ribbons in their hair but were like, 'We're going to kick your ass!'" Rodriguez tells Metro. "We did competitions, like national competitions. We went to the Kennedy Space Center, we went to a convention in Oklahoma. I was involved with the pneumatics of the robot. I wasn't so much into getting the precise degree and cuts of angles and things — I was a welder."

Yes, welding. Rodriguez thinks women have the edge when it comes to that particular trade.

"I think girls make better welders than men because we take time with our tacks and our welds, we're detailed and we make it look pretty," she says with a laugh. "It's fun. Just the smell of it is just ... I love the oil. The light, it's hypnotizing. You could be there all day just



Genesis Rodriguez doesn't look like a BattleBots nerd, but she says she is! Tusk opens next Friday. CONTRIBUTED

Quoted

"We were an all-girls robotics team. ... I was involved with the pneumatics of the robot."

Genesis Rodriguez talking about her days in an all-girl BattleBots team

looking at it. It's kind of cool. But yeah, building robots was super-awesome."

Rodriguez acknowledges that when people first look at her, they might not immediately think "welding" and "robots," but that's their loss. "It's not something that you'd expect, but it was just a fun time. You're actually thinking something in your head and then executing it and actually seeing it done. I think it's just a

really cool school program that should be promoted more. And you're having fun with your friends and working on a crocodile robot. How cool is that?

So what was it her kick-ass team created? "Basically, it was really a tough robot, a crocodile," she explains. "It was built at an angle, so it would come under you and just chomp you down into pieces and break you down. So even if you're a bigger robot in size, it could just scoop

you from under — trip it and kill it."

And if robots aren't enough for you, she's also an avid Shark Week aficionado, something that helped her build more appreciation for the massive beast at the centre of Tusk, the walrus. "I was watching Shark Week this last time, and I realized that sharks do not mess with walruses. They don't," she says. "They have weapons, and they're just stronger. They could take down a shark. Also, octopi. They flip a wing of the shark, and once you flip a shark and put it upside down, that's it. They're immobilized. Sharks are so bad, (but) you just flip them over (or) punch them in the nose."

Spike Lee. Filmmaker picks up Pioneer award at Montreal black film fest

Spike Lee has been described as one of the angriest filmmakers in the United States, but he jokingly suggested Wednesday he was worried about a bit of ire coming his way during a news conference in Montreal.

"We're not going to talk about the Rangers beating the Habs last year, are we?" said the diehard sports fan, referring to the Montreal Canadiens' elimination from last season's Stanley Cup playoffs at the hands of his hometown New York team.

"We're not bringing that up?"

Lee didn't have to worry.

He appeared at the Montreal International Black Film Festival where he was to be presented with the event's first Pioneer award by P.K. Subban, the Habs co-captain.

"He's a great player," Lee said before the award ceremony, adding he watched Subban play in New York last season and waved at him during the pre-game skate.

"I've noticed a lot more players of colour in the National Hockey League. The Rangers need to get one."

The ceremony was to pre-

cede the Canadian premiere of Lee's new film Da Sweet Blood of Jesus, a romantic horror comedy.

The event coincides with the 25th anniversary of Lee's landmark film Do the Right Thing, about racial tensions in Brooklyn.

Lee acknowledged a lot has changed in the last 25 years.

"Twenty-five years ago, I would have never thought there would be an African-American president," he said.

"That's something that happened, so there have been many great developments. But there are more African-Americans who are in poverty now than there were back 25 years ago and police are still killing black people."

He also pointed out that while there are more black stars, "black people are not taking over Hollywood."

Lee, who is credited with helping revolutionize modern black cinema, said there is still a need for more diversity — including more women, Asians, and Hispanics — on TV and behind the scenes in TV and movies.

THE CANADIAN PRESS



Spike Lee cracked jokes about the New York Rangers beating the Montreal Canadiens during his visit to Montreal Wednesday. THE CANADIAN PRESS

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THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT. 26 TO THURS., OCT. 2. TIMES ARE SUBJECT TO CHANGE.

City Centre 9 Cinemas
10200 102nd Ave.

The Boxtrolls (PG) Fri-Wed 3:35
The Boxtrolls 3D (PG) Fri-Sun 1:10-7:10-9:35 Mon-Wed 7:10-9:35
The Equalizer (14A) Fri-Sun 12:45-3:45-6:45-9:45 Mon-Wed 3:45-6:45-9:45
Guardians of the Galaxy (PG) Fri 1:20-4:05-7:20-10:05 Sat 4:05-7:20-10:05 Sun 1:20-4:05-7:20-10:05 Mon-Wed 4:05-7:20-10:05
Hector and the Search for Happiness (14A) Fri-Sun 1:30-4:10-7:30-10:10 Mon-Wed 4:10-7:30-10:10
Jalanani (STC) Thu 4
Kissinger Twins (STC) Thu 10
Lunchbox Shorts 4 (STC) Thu 12:10
Madama Butterfly (STC) Sat 11
The Maze Runner (PG) Fri-Sun 12:50-3:30-6:50-9:30 Mon-Wed 3:30-6:50-9:30
This Is Where I Leave You (14A) Fri-Sun 1:15-3:55-7:15-9:55 Mon-Wed 3:55-7:15-9:55
A Walk Among the Tombstones (18A) Fri-Sun 1:25-4-7:25-10 Mon-Wed 4-7-25-10

Clareview 10 Cinemas
4221 139th Ave.

22 Jump Street (14A) Fri 3:20-6:45-9:30 Sat-Sun 12:20-3:20-6:45-9:30 Mon-Thu 6:45-9:30
As Above/So Below (14A) No Passes
Fri-Thu 9:15
Dawn of the Planet of the Apes (PG) Fri 3:15 Sat-Sun 3:35
Dawn of the Planet of the Apes 3D (PG) Fri-Thu 6:30-9:20
The Expendables 3 (PG) Fri 3:30-6:40-9:25 Sat-Sun 12:30-3:30-6:40-9:25 Mon-Thu 6:40-9:25
The Giver (PG) Fri 3:30-6:40-9:45 Sat-Sun 12:25-3:30-6:40-9:45 Mon-Thu 6:40-9:45
Hercules 3D (14A) Fri-Thu 9:20
How to Train Your Dragon 2 (PG) Fri 3:25 Sat-Sun 12:20-3:25
How to Train Your Dragon 2 3D (PG) Fri-Thu 6:35
The Hundred-Foot Journey (PG) Fri 3:05-6:35-9:25 Sat-Sun 12:15-3:05-6:35-9:25 Mon-Thu 6:35-9:25
If I Stay (PG) Fri 3:05-6:50-9:30 Sat-Sun 12:05-3:05-6:50-9:30 Mon-Thu 6:50-9:30
Into the Storm (PG) Fri 3:10-6:30 Sat-Sun 12:10-3:10-6:30 Mon-Thu 6:30
Let's Be Cops (14A) Fri 3:25-7-9:40 Sat-Sun 12:25-3:25-7-9:40 Mon-Thu 7-9:40
The November Man (14A) Fri 3-6:55-9:35 Sat-Sun 12:05-3-6:55-9:35 Mon-Thu 6:55-9:35
Screening (STC) Sat 12:30

Metro Cinema at the
Garneau 8712 109 St.

Chef (14A) Fri 7 Tue 7 Wed 9:15
GoodFellas (STC) Fri 11:30 Mon 9:15
Prairie Tales 16 (STC) Sat 2-3-4-7-9 Sun 2-4-7

The Rover (14A) Fri 9:15 Mon 7 Tue 9:30
Wed 7 Thu 9:30

Movies 12, 5074 130 Ave.

Bang Bang! (STC) No Passes Thu 4-7:30
Daawat-e-Ishq (PG) Fri 4:20-7-9:45 Sat-Sun 1:30-4:20-7-9:45 Mon 4:20-7-9:45 Tue 1:30-4:20-7-9:45 Wed-Thu 4:20-7-9:45
Deliver Us From Evil (14A) Fri-Thu 6:50-9:40
Edge of Tomorrow (PG) Fri 6:20 Sat-Sun 3:45-6:20 Mon 6:20 Tue 3:45-6:20 Wed 6:20
Edge of Tomorrow 3D (PG) Fri 9:05 Sat-Sun 1:35-9:05 Mon 9:05 Tue 1:35-9:05 Wed-Thu 9:05
The F Word (14A) Fri 6:40-9:25 Sat-Sun 1-3:55-6:40-9:25 Mon 6:40-9:25 Tue 1-3:55-6:40-9:25 Wed-Thu 6:40-9:25
Frank Miller's Sin City: A Dame to Kill For 3D (18A) Fri 4:25-6:55-9:35 Sat-Sun 1:55-4:25-6:55-9:35 Mon 4:25-6:55-9:35 Tue 1:55-4:25-6:55-9:35 Wed-Thu 4:25-6:55-9:35
Goreyan Nu Daffa Karo (PG) Fri 5:50-9:10 Sat-Sun 2:15-5:50-9:10 Mon 5:50-9:10 Tue 2:15-5:50-9:10 Wed 5:50-9:10 Thu 5:50-9
Haider (STC) Thu 4:45-8:30
Khoobsurat (PG) Fri 5:40-8:30 Sat-Sun 2:30-5:40-8:30 Mon 5:40-8:30 Tue 2:30-5:40-8:30
Wed-Thu 5:40-8:30
Maleficent (STC) Fri 8:55 Sat-Sun 1:25-8:55 Mon 8:55 Tue 1:25-8:55 Wed 8:55
Maleficent 3D (STC) Fri-Thu 4:15-6:35
Mr. Peabody & Sherman (G) Fri 4 Sat-Sun 1:40-4 Mon 4 Tue 1:40-4 Wed-Thu 4
Sex Tape (18A) Fri 4:10-6:25-8:45 Sat-Sun 1:20-4:10-6:25-8:45 Mon 4:10-6:25-8:45 Tue 1:20-4:10-6:25-8:45 Wed 4:10-6:25-8:45
Tammy (14A) Fri 4:05-6:45-9:30 Sat-Sun 1:45-4:05-6:45-9:30 Mon 4:05-6:45-9:30 Tue 1:45-4:05-6:45-9:30 Wed-Thu 4:05-6:45-9:30
Transformers: Age of Extinction (PG) Fri-Thu 5:35
Transformers: Age of Extinction 3D (PG) Fri 9 Sat-Sun 2-9 Mon 9 Tue 2-9 Wed-Thu 9
X-Men: Days of Future Past (STC) Fri 6-8:50 Sat-Sun 1:30-6-8:50 Mon 6-8:50 Tue 1:30-6-8:50 Wed-Thu 6-8:50

North Edmonton Cinemas
14231 137th Ave.

Annabelle (14A) Thu 7:50-10:25
The Boxtrolls (PG) Fri 12:45-3:05 Sat 11:20-12-12:45-3:05 Sun-Thu 12:45-3:05
The Boxtrolls 3D (PG) Fri-Thu 5:30-8-10:30
Dolphin Tale 2 (G) Fri 1:10-3:45-6:30-9:10 Sat 11:30-1:10-3:45-6:30-9:10 Sun-Thu 1:10-3:45-6:30-9:10
Dr. Cabbie (PG) Fri-Thu 2:10-5-7:35-10:10
The Drop (14A) Fri-Sat 1:45-4:40-7:30-10:05 Sun 7:30-10:05 Mon-Thu 1:45-4:40-7:30-10:05
The Equalizer (14A) No Passes Fri 2:30-5:45-8:45 No Passes Sat 11:30-2:30-5:45-8:45 No Passes Sun 2:30-5:45-8:45 No

Passes Mon 2-5-8:45 No Passes Tue-Thu 2:30-5:45-8:45 No Passes Fri-Thu 1:15-4:15-7:20-10:30
Gone Girl (18A) No Passes Thu 10
Guardians of the Galaxy (PG) Fri-Thu 1:20-4:10-7-9:50 Thu 9:50 Thu 4:10-7
Hector and the Search for Happiness (14A) Fri-Tue 1-3:50-6:40-9:40 Wed 3:50-6:40-9:40 Thu 1-3:50-6:40-9:40 Star & Strollers
Screening Wed 1
Hugo (PG) Sat 11
Let's Be Cops (14A) Fri-Sun 2:20-5:10-7:50-10:25 Mon 2:20-7:55-10:25 Tue-Wed 2:20-5:10-7:50-10:25 Thu 2:20-5:10
Matthew Bourne's Sleeping Beauty (STC) Sun 12:55
The Maze Runner (PG) Fri-Thu 12:50-3:30-6:20-9:15 Fri 1:50-4:50-7:40-10:20 Sat 11:10-1:50-4:50-7:40-10:20 Sun-Thu 1:50-4:50-7:40-10:20
My Little Pony Equestria Girls: Rainbow Rocks (G) Sat 11:15 Sun 3:30 Mon 6:30
Teenage Mutant Ninja Turtles (PG) Fri-Thu 2-4:45
Teenage Mutant Ninja Turtles 3D (PG) Fri-Wed 7:15-9:45 Thu 7:15
This Is Where I Leave You (14A) Fri-Tue 1:30-4:20-6:50-9:30 Wed 4:20-6:50-9:30 Thu 1:30-4:20-6:50-9:30 Star & Strollers
Screening Wed 1
A Walk Among the Tombstones (18A) Fri-Thu 1:40-4:30-7:10-10

Princess I & II 10337
Whyte Ave.

A Most Wanted Man (14A) Fri 9:10 Sat-Sun 3:30-9:10 Mon-Thu 9:10
The Trip to Italy (14A) Fri 6:50 Sat-Sun 1-6:50 Mon-Thu 6:50

Scotiabank Theatre West Mall
8882 170th St.,

Annabelle (14A) Thu 7:30-10
The Boxtrolls (PG) Fri-Sun 12:45 Mon-Thu 2:15
The Boxtrolls 3D (PG) Fri-Sun 3:10-5:35-8-10:35 Mon-Thu 4:40-7:05-9:35
Dolphin Tale 2 (G) Fri-Wed 1:30-4:15-6:55-9:40 Thu 1:30-4:15
The Equalizer (14A) No Passes Fri-Sun 1:25-4:30-7:35-10:40 No Passes Mon-Thu 1:15-4:20-7:25-10:30
The Equalizer: The IMAX Experience (14A) No Passes Fri-Sun 12:55-4-7:05-10:10 No Passes Mon-Thu 12:45-3:50-6:55-10
Gone Girl (18A) No Passes Thu 10
Guardians of the Galaxy (PG) Fri-Thu 1:20-4:20-7:20-10:20 Mon-Thu 4:25-7:20-10:20
If I Stay (PG) Fri-Sun 1:15-4:10-6:50-9:30 Mon-Tue 1:25-4:10-6:50-9:30 Wed 1:25-4:10 Thu 1:25-4:10-10:15
Let's Be Cops (14A) Fri-Sun 2:15-5:10-7:55-10:45 Mon-Thu 1:55-4:45-7:35-10:15
Lucy (14A) Fri-Sun 1:50-7:25 Mon-Thu 1:50-7:45
The Maze Runner (PG) Fri-Sun 1-3:50-7-9:50 Mon-Tue 1-3:45-7-9:50 Wed 3:45-7-9:50 Thu 1-3:45-7 Fri-Sun 2-4:50-7-40-

10:30 Mon-Thu 2-4:50-7:40-10:25 Star & Strollers
Screening Wed 1
No Good Deed (STC) Fri-Sun 4:40-10 Mon-Thu 4:30-10:10
Stephen Fry Live: More Fool Me (STC) Wed 7:30
Teenage Mutant Ninja Turtles (PG) Fri-Thu 1:10-3:55
Teenage Mutant Ninja Turtles 3D (PG) Fri-Thu 7:10-9:45
This Is Where I Leave You (14A) Fri-Tue 2:20-4:55-7:30-10:15 Wed 3:40-6:30-10:15 Thu 2:20-4:55-7:30-10:15 Star & Strollers
Screening Wed 1
A Walk Among the Tombstones (18A) Fri-Sun 2:10-5-7:50-10:40 Mon-Thu 2:10-5-7:50-10:35

South Edmonton Common
1525 99th St.

Annabelle (14A) Thu 7-9:20
The Boxtrolls (PG) Fri 12:45 Sat 11:20-11:55-12:45 Sun-Thu 2:10
The Boxtrolls 3D (PG) Fri-Sat 3:10-5:35-8-10:35 Sun-Thu 4:30-7:05-9:25
David Bowie Is (PG) Sat 12:55
Dolphin Tale 2 (G) Fri 1:10-4-6:50-9:40 Sat 11:10-1-10-4-6:50-9:40 Sun-Tue 1:10-3:55-6:45-9:35 Wed 1:10-3:55-6:45-9:20 Thu 1:15-3:55-6:40-9:35
Dr. Cabbie (PG) Fri 2:10-4:45-7:25-9:55 Sat 1:45-4:20-7:25-9:55 Sun-Wed 2-4:45-7:20-9:55 Thu 3:35-6:30-9:05 Star & Strollers
Screening Thu 1
The Drop (14A) Fri-Sat 1-3:55-7:15-9:45 Sun-Wed 1:05-3:45-7:15-9:45 Thu 1:10-3:45-7:15-9:45
The Equalizer (14A) No Passes Fri-Sat 12:40-3:50-6:55-10 No Passes Sun 12:30-3:30-6:35-9:30 No Passes Mon-Wed 3:30-6:35-9:30 No Passes Thu 3:15-6:20-9:15 No Passes Fri-Sat 1:25-4:30-7:35-10:40 No Passes Sun-Mon 1-4-7-10 No Passes Tue 1-4-7-10-10:05 No Passes Wed 1-4-7-10 No Passes Thu 1:05-4-7-9:55
Gone Girl (18A) No Passes Thu 10
Guardians of the Galaxy (PG) Fri-Thu 1:50-4:35-7:30-10:20 Sun-Thu 4:35-7:25-10:10
Hector and the Search for Happiness (14A) Fri-Sat 1:40-4:30-7:20-10:10 Sun-Tue 1:40-4:25-7:30-10:15 Wed 1:40-4:25-7:30-9:45 Thu 3:50-6:45-9:30 Star & Strollers
Screening Thu 1
Hugo (PG) Sat 11
The Hundred-Foot Journey (PG) Fri-Sat 12:35-3:30-6:30-9:30 Sun 12:45-3:35-6:25-9:15 Mon-Wed 1:20-4:05-6:50-9:35 Thu 1:20-4:05
If I Stay (PG) Fri 1:35-4:25-7:05-10:15 Sat 4:25-7:05-10:15 Sun 3:40-6:30-9:10 Mon 2:15-5-7:40-10:10 Tue 2:15-5-7:45-10:15 Wed 2:15-5-10:15 Thu 2:15-5-10:05
Let's Be Cops (14A) Fri-Sat 12:30-3:05-5:40-8:10-10:45 Sun-Wed 1:45-5:05-7:35-10:05 Thu 1:55-4:40-7:20-9:50
Matthew Bourne's Sleeping Beauty (STC) Sun 12:55
The Maze Runner (PG) Fri-Sat 1:20-4:10-7-9:50 Sun 12:35-3:25-6:15-9:05 Mon-Wed 1-3:40-6:30-9:15 Thu 1-3:40-6:25 Fri

2-4:50-7:50-10:30 Sat 11:15-2-4:50-7:50-10:30 Sun 1:20-4:05-6:55-9:40 Mon-Thu 1:25-4:05-6:55-9:40
Stephen Fry Live: More Fool Me (STC) Wed 7:30
Teenage Mutant Ninja Turtles (PG) Fri-Sat 2:05-4:40 Sun-Tue 1:15-4:10 Wed 1:35-4:10 Thu 1:30-4:15-7:40
Teenage Mutant Ninja Turtles 3D (PG) Fri-Sat 7:10-10:05 Sun-Tue 6:40-9:20 Wed 6:40-9:10 Thu 9:10
This Is Where I Leave You (14A) Fri-Sat 2:20-4:55-7:40-10:10 Sun-Mon 2:20-4:55-7:30-10:05 Tue 2:20-4:55-7:30-10 Wed 2:20-4:55-7:40-10:10 Thu 2:20-4:55-7:30-10:05
The Vatican Museums 3D (STC) Thu 7:30
A Walk Among the Tombstones (18A) Fri-Sat 2:15-5-7:45-10:25 Sun-Mon 1:30-4:20-7:10-9:50 Tue 1:30-4:20-7-9:50 Wed 1:30-4:20-7:10-9:50 Thu 1:40-4:20-7:10-9:50

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D-Day: Normandy 1944 3D (PG) Fri-Sat 5:45 Sun 12 Mon 4:20 Tue 11 Thu 1
Flight of the Butterflies 3D (G) Wed 11
Flight of the Butterflies 3D (G) Fri-Sun 11-4:35
Island of Lemurs: Madagascar 3D (G) Fri 2:15 Sat-Sun 10-2:15 Tue 4:20 Thu 11-4:20
Jerusalem 3D (G) Thu 2
Jurassic Park 3D (PG) Fri-Sat 8:05 Sun 5:45
Pandas: The Journey Home 3D (G) Fri-Sat 1:10-3:25-6:55 Sun 1:10-3:25 Mon-Thu 3:10
Rocky Mountain Express (G) Sat 12 Mon 2 Tue 1 Wed 11

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Park, 2020 Sherwood Dr.,
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Annabelle (14A) Thu 9:30
The Boxtrolls (PG) Sat-Sun 12:30-2:55
The Boxtrolls 3D (PG) Fri-Sun 5:20-7:50-10:20 Mon-Thu 6:50-9:20
Dolphin Tale 2 (G) Fri 4:15-6:55-9:40 Sat 11-1:30-4:15-6:55-9:40 Sun 1:30-4:15-6:55-9:40 Mon-Wed 6:40-9:25 Thu 6:40
The Equalizer (14A) No Passes Fri 4:05-7:10-10:15 No Passes Sat-Sun 1-4:05-7:10-10:15 No Passes Mon-Thu 7-10
Guardians of the Galaxy (PG) Sat-Sun 1:10
Guardians of the Galaxy 3D (PG) Fri-Sun 4:10-7-9:55 Mon-Thu 6:45-9:40
Hugo (PG) Sat 11
If I Stay (PG) Fri 6:45 Sat-Sun 1:20-6:45 Mon-Thu 7:30
Let's Be Cops (14A) Fri 4:25-7:05-9:45 Sat 1:45-4:25-7:05-9:45 Sun 12:50-7:05-9:45 Mon 9:10 Tue-Thu 6:30-9:10
The Maze Runner (PG) Fri 4:30-7:20-10:10 Sat-Sun 1:40-4:30-7:20-10:10 Mon-Thu 7:10-9:55
My Little Pony Equestria Girls: Rainbow Rocks (G) Sat 11:15 Sun 3:30 Mon 6:30
The November Man (14A) Fri-Sun 4-9:25 Mon-Thu 10:10
Teenage Mutant Ninja Turtles (PG) Sat-

Sun 12:30-3
Teenage Mutant Ninja Turtles 3D (PG) Fri-Sun 5:30-8-10:30 Mon-Thu 7:35-10:05
This Is Where I Leave You (14A) Fri 4:50-7:30-10:05 Sat 11:30-2:10-4:50-7:30-10:05 Sun 2:10-4:50-7:30-10:05 Mon-Thu 7:15-9:50
A Walk Among the Tombstones (18A) Fri 4:45-7:40-10:25 Sat-Sun 1:55-4:45-7:40-10:25 Mon-Thu 7:20-10:10

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The Boxtrolls (PG) Fri 6:55-9:10 Sat-Sun 12:55-3:25-6:55-9:30 Mon-Thu 6:55-9:10
The Equalizer (14A) Fri 6:40-9:25
Sat-Sun 12:40-3:25-6:40-9:25 Mon-Thu 6:40-9:25
The Maze Runner (PG) Fri 7-9:30 Sat-Sun 1-3:30-7-9:30 Mon-Thu 7-9:30
A Walk Among the Tombstones (18A) Fri 6:50-9:30 Sat-Sun 12:50-3:30-6:50-9:30 Mon-Thu 6:50-9:30

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The Boxtrolls (PG) Fri 3:30 Sat 11:45-2:15 Sun 12:30
The Boxtrolls 3D (PG) Fri 5:50-8:10-10:40 Sat 4:45-7:15-9:45 Sun 3-5:30-8 Mon 6:40-9:05 Tue-Wed 6:30-9 Thu 6:30-9:30
David Bowie Is (PG) Sat 12:55
Dolphin Tale 2 (G) Fri 3:50-6:35-9:15 Sat 11:50-2:25-5-7:35-10:15 Sun 12:50-3:25-6-8:40 Mon-Wed 6:50-9:25 Thu 6:35-9:10
The Drop (14A) Fri 4:20-7:10-9:45 Sat 2:10-3:40-6:15-9 Sun 1:20-4-6:40-9:35 Mon 9:50 Tue-Thu 7:10-9:55
The Equalizer (14A) No Passes Fri 4:10-7:30-10:45 No Passes Sat 1-4:10-7:30-10:45 No Passes Sun 2:30-6:15-9:20 No Passes Mon-Tue 6:30-9:40 No Passes Fri 4-7:05-10:10 No Passes Sat 12:55-4-7:05-10:10 No Passes Sun 12:45-3:45-6:45-9:45 No Passes Mon-Thu 6:45-9:45
Guardians of the Galaxy (PG) Fri 4:10 Sat 11:20-4:45 Sun 12:40
Guardians of the Galaxy 3D (PG) Fri 7-9:50 Sat 7:40-10:30 Sun 6:10-9:10 Mon-Wed 6:35-9:30 Thu 9
The Maze Runner (PG) Fri 3:40-6:20-9 Sat 12:05-2:45-5:25-8:05-10:45 Sun 1-3:40-6:20-9 Mon 6:55-9:35 Tue-Thu 6:40-9:20 Fri 6:15-9:15 Sat 12-3:40-6:50-10:10 Sun 1:15-4-6:50-9:50 Mon-Thu 8
My Little Pony Equestria Girls: Rainbow Rocks (G) Sat 11:15 Sun 3:30 Mon 6:30
This Is Where I Leave You (14A) Fri 5:10-7:50-10:30 Sat 1:30-4:10-6:45-9:20 Sun 12:55-3:35-6:05-8:45 Mon 7:10-8:45 Tue-Thu 6:55-9:30 Fri 3:40-6:50-10 Sat 12:30-3:10-6:15-9:15 Sun 12:30-3:10-5:50-8:40 Mon-Thu 7:15-10:15
The Vatican Museums 3D (STC) Thu 7:30
A Walk Among the Tombstones (18A) Fri 4:45-7:30-10:20 Sat 11:30-2:20-5:05-7:50-10:35 Sun 1:10-3:55-6:40-9:30 Mon-Thu 7-9:50



Crowd control. Venice will block canal walkway for George Clooney's wedding

Venice city officials have ordered the closure of a walkway fronting the picturesque Grand Canal on Monday, to keep crowds away from George Clooney's wedding to human rights lawyer Amal Alamuddin.

The city order closes pedestrian access to walkways accessing the 16th-Century Cavalli Palace for at least two hours Monday, citing "the George Clooney wedding."

The order is the first official indication of the timing of the nuptials.

Clooney revealed earlier this month at a star-studded benefit in Florence that he would marry Alamuddin in the lagoon city, but refrained from giving the date. Press reports have speculated the couple would have two ceremonies, one on Saturday followed by a civil ceremony on Monday.

A Venice city official, who spoke on condition of anonymity because he was not authorized to speak to the media, said police requested the closure to prevent crowds from gathering and creating a safety risk.

The official said such closures have taken place previously for both public and private events.

Only city offices are affected by the closure area, not businesses that cater to tourists, the official said.

The Renaissance-era Cavalli Palace is used as a venue for civil marriage ceremonies, with rooms offering views of the Grand Canal and the famed Rialto Bridge.

The palace can be accessed by gondola for the most "exciting arrival," the Venice city website notes.

Clooney owns a lakeside villa in northern Italy and has been a frequent visitor

Room with a view

The Renaissance-era Cavalli Palace is used as a venue for civil marriage ceremonies, with rooms offering views of the Grand Canal and the famed Rialto Bridge. The palace can be accessed by gondola for added drama and romance.

to Venice, notably to premier movies at the city's annual film festival.

Clooney, 53, and Alamuddin, 36, a Beirut-born British national based in London, posted the required legal notice in Britain last month, declaring their intention to marry abroad, specifically in Italy. It's his second marriage and her first.

THE ASSOCIATED PRESS



Venice officials are restricting access to the Cavalli Palace for George Clooney's wedding Monday. THE ASSOCIATED PRESS

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Kickstarter campaign

Foo Fighters fans taking charge of concert tickets by crowdfunding

Fans of the rock band Foo Fighters have teamed up to launch a crowdfunding campaign to get the group to play in Birmingham, U.K.

"Foo for the fans — no more touts" is a Kickstarter campaign aiming to cut out the middlemen and let fans appeal directly to artists when it comes to concert venues.

The not-for-profit campaign is hoping to get the Foo Fighters to Birmingham for a fan-funded gig in 2015, following the release of the group's new album, Sonic Highways.

The online response has been enthusiastic — the campaign launched on Sept. 19 and had nearly hit its £150,000 (\$270,000) target on Thursday.

"Are you sick of losing out on those golden tickets?" asks the campaign's Kickstarter page. "By doing this we are putting the power of ticket sales back into the hands of the fans, not the touts."

This isn't the first time the Foo Fighters have been beckoned to a fan-funded stage — the band played in Richmond, Va., after a similar campaign.

AFP



Dave Grohl of Foo Fighters
AFP FILE



Thom Yorke of Radiohead. AFP FILE

Radiohead. Is new album on the way?

Experimental rock giants Radiohead are working on a new album — or at least it would appear so from the cryptic messages of frontman Thom Yorke.

In what online fans widely interpreted to be a tease, Yorke has made a series of suggestive tweets, including a link to an untitled picture of a white turntable, in between his calls for the world to fight climate change.

In his most explicit message, Yorke said he and Stanley — presumably longtime

friend Stanley Donwood, who has designed Radiohead's cover art — were "going through 15 years of discarded words and pictures."

Yorke said that Radiohead has done "overdubs" in its studio but that the British rockers were in their "second day only."

The hints would confirm a statement earlier this year by Radiohead lead guitarist Jonny Greenwood, who told the BBC that the band would start recording a new album in September.

The album would be Radiohead's first since 2011's The King of Limbs, an experimental work in both music and marketing, with the band selling it digitally from its website without a record label.

Radiohead quickly won a following with its 1993 debut album Pablo Honey, a work of guitar-driven alternative rock that featured the song Creep.

The band soon took a more original and electronic turn through its seminal 1997 album OK Computer. AFP

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9th Life of Louis Drax. Aaron Paul goes from Breaking Bad to playing a dad

Former Breaking Bad star Aaron Paul is joining Jamie Dornan in the cast of the feature The 9th Life of Louis Drax, which is to be helmed by French director Alexandre Aja.

Adapted from Liz Jensen's novel of the same name, the supernatural thriller focuses on a doctor investigating the circumstances surrounding a nine-year-old boy's near-fatal fall. In the process, he's drawn into a mysterious world mixing reality and fantasy.

Dornan, soon to be seen in the role of Christian Grey in the highly anticipated 50 Shades of Grey, is cast as the doctor, while Paul is set to play the young boy's father.

The role is a dramatic change from Paul's most famous turn to date, in which



Aaron Paul. AFP

he played the drug dealer Jesse Pinkman for five seasons on Breaking Bad.

Produced by Miramax, The 9th Life of Louis Drax has been in development for sev-

eral years. Before his death in 2008, Anthony Minghella — the filmmaker behind The English Patient and Cold Mountain — had begun work on the adaptation of the book, for which he acquired the rights in 2004. The director's son, Max Minghella, has now finished the screenplay.

Since achieving international fame with his 2003 feature High Tension, Aja has confirmed his predilection for the horror and fantasy genres. The French filmmaker brought his expertise to Hollywood, where he is known for directing Piranha 3D, the remake of The Hills Have Eyes and Horns with Daniel Radcliffe, which opens in theatres Oct. 31.

The 9th Life of Louis Drax is due to begin principal photography in October. AFP

FREEMAN makes Freeman a free man

Captain Fantasy. Once known to the world as Gene Ween, the singer has gone solo and pursues cleaner living

NOLAN GAWRON
Metro in Boston

For nearly 30 years, Aaron Freeman was known endearingly to his listeners as Gene Ween.

The co-founder and lead singer of the surrealist and whimsical psychedelic band Ween, Freeman was a vocal shape-shifter who helped define the continually evolving sound of a band that innovated through emulating.

From bedroom band to an epic live act, Ween recorded 11 studio records in 28 years before Freeman put an end to the project in 2012.

Realizing the band's loose lifestyle had led to a life of addiction, Freeman decided to get help.

"Basically, my brain was fried," says Freeman. "I just couldn't get out of the cycle of addiction."

After battling a creative block and recording an album of Rod McKuen covers, Freeman, now two years sober, returns with his first album of original work since the band's demise.

Using his given name with an undeniable and inherent metaphor within, FREEMAN shows Freeman at his most honest and heartfelt.

But longtime fans will still find those unmistakable Gene Ween stylings that have



Aaron Freeman has finally escaped his Gene Ween alter ego. FRANCO VOGT

Subconscious unleashed

Aaron Freeman says writing his new album was liberating: "I think my music all gathers in my subconscious for a while. Usually what happens is it gets stored in there and then it just spills out. That's just always how I've worked. One day I was just sitting here on the porch that I'm sitting on now,

looking out at the rocks and the chipmunks with my guitar and it just came out. It just kept coming, and all of a sudden I had 15 or 16 songs. It was great. I really didn't know if I could write again, so to feel it coming out of me from that same place that it always had was just great."

always tied his songs together.

"I don't have to sing about that 'Jimmy-Jack-Pammy-Flack' like Ween did," notes Freeman, half sarcastically.

"Even if this record sucked, it would be a statement that, 'Hey, you can

move on and you can do this,' and I think a lot of people appreciate that in life.

"I'm glad to maybe be an example for some people," Freeman adds. "If there are some fans that are pissed because maybe we broke their adolescent dream, whatever!"

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From left, Dave Heuff, Harley Morenstein, Ameer Atari and Josh Elkin star in new FYI series *Epic Meal Empire*, based on their popular YouTube series *Epic Meal Time*. SHAW MEDIA

What's sauce for the boss is epic eating

Epic Meal Empire. YouTube stars serve up gut-busting fare on new TV series

The four guys behind *Epic Meal Empire* have devoured cheeseburger-stuffed lasagna, pizza cupcakes and Tex-Mex sushi. So what's the grossest thing they've ever eaten?

"Dried apricots and dried papayas," says founder Harley Morenstein with disgust.

The Montreal-based kitchen crew genuinely loves calorie-laden comfort food. And after racking up 600 million YouTube views for their *Epic Meal Time* videos, they're bringing their passion for gut-busting concoctions to the small screen.

In *Epic Meal Empire*, airing Mondays on FYI, the gang moves to Los Angeles and cooks up artery-clogging fare for "extreme-food clients" — i.e. anyone with an excuse to consume meals that should probably only be eaten once in a lifetime.

The crew, led by "Sauce Boss" Morenstein and his friends Josh Elkin, Ameer Atari and Dave Heuff, sees moving from YouTube to TV as a natural progression.

"I don't mind saying that I like *Epic Meal Empire* better than *Epic Meal Time*," declared Morenstein, 29, in an interview.

Back in 2010, he was

a substitute high school teacher in his hometown of Montreal when he began experimenting in video production. *Epic Meal Time* was born when he and his friends created an elaborate "cheat meal" — ironically, amid efforts to promote health and fitness.

"After the first episode, I substituted the following week. The show had gotten a lot of traction," he recalled. "The kids were like, 'Oh sir, I saw you drinking on the Internet!' ... I kind of lost the children that day."

Two weeks later, the number of online views were so staggering that Morenstein quit his teaching job. After hundreds of episodes, two cookbooks and six million YouTube subscribers, the crew turned their attention to TV.

Morenstein said several networks were interested, but in the end they chose "contemporary lifestyle" channel FYI, a recent rebrand of Shaw Media's *Twist* and *A&E's Biography*.

"They let us do what we want, which is the best part of being on FYI," he said.

"They were the ones that really put the trust in us. They picked up 16 episodes right off the bat. That was enough for us to want to commit to that network."

"Now, the show is exactly what we want. It's something we're proud of. It's hilarious. I think it's an awesome show."

In the first episode, a second-grade teacher invites the guys to make her students a "fantasy meal," a break from eating boring old healthy food. They build a "Taterbot," a giant robot made of Tater Tots, licorice and grilled cheese.

Other wild concoctions in the show: A Cinnabon battleship with a cream cheese frosting churro cannon, an eight-foot chicken (made of chicken tenders and 100 eggs) on roller skates and an edible car they also claim is "driveable."

A bigger budget allows the guys to be more imaginative with their meals, but network television has its drawbacks. The Jack Daniel's-guzzling foursome can't drink on camera, which they flout in the premiere by taking a shot off screen. **THE CANADIAN PRESS**

In a class all his own

"After the first episode, I (substitute taught) the following week. The show had gotten a lot of traction. The kids were like, 'Oh sir, I saw you drinking on the Internet!' ... I kind of lost the children that day."

Epic Meal Empire "Sauce Boss" Harley Morenstein

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Making the best of a badge bunch

Brooklyn Nine-Nine. Co-creator promises twists for cop comedy's second season

It looks like Brooklyn Nine-Nine is going to be one of the busiest police precincts on TV when it returns for its second season on Sunday.

"There's some new twists," promised co-creator Mike Shur, who also helped bring Parks and Recreation and the American version of The Office to TV.

Capt. Ray Holt (Andre Braugher) goes toe to toe with a new rival and there will be "exciting and hopefully satisfying" resolutions to the romantic cliffhangers and star detective Jake Peralta's undercover adventure.

"There's a lot of new things that are introduced in the first two episodes," Shur said of the show, which is broadcast on CityTV and Fox.

Case-cracking mingles with wisecracking in the comedy, which won Golden Globes in its first season as best TV comedy and for star Andy Samberg as best actor in a TV series, musical or comedy. It also won an Emmy for outstanding stunt co-ordination.

Brooklyn Nine-Nine is one of only a handful of police-themed comedies since Car 54, Where Are You? in the 1960s, Barney Miller in the 1970s, Police Squad in 1982 and Reno 911 (2003-2009) were others.

Shur said he and co-creator Dan Goor, both fans of Barney Miller, saw potential in that scarcity.

"There are certain reasons



Andy Samberg, left, Joe Lo Truglio and Stephanie Beatriz in an episode of Brooklyn Nine Nine. / EDDY CHEN/FOX

you would imagine people would be scared off from it be-

cause police work is often not hilarious but we felt with the right cast and with the right group of people doing it we can make a funny show," Shur said.

Melissa Fumero, who plays Det. Amy Santiago, agreed.

"I actually thought this is great because there's so many procedurals and cop shows on television, there should be a funny one," she said. "There's so much opportunity there to even poke fun at all those procedurals a little bit."

Shur noted real cops have called Barney Miller one of the most realistic fictional depictions of police work ever broadcast. Brooklyn Nine-Nine also consults actual police to ensure it's getting details right.

Adds executive producer David Miner: "It's important at some level, even though it's a comedy show, to be tethered to reality just a little bit."

Samberg said that's one of the reasons the show has clicked.

"It very effortlessly feels

true to life," said Samberg, who sat down with the rest of the cast for an interview prior to a tribute to the show at the Just for Laughs festival in July. "It felt very current to me, in a nice way. That's actually a really hard thing to pull off."

The show's cornerstone is the relationship between savvy yet irreverent Peralta and the stern Holt.

Samberg described the dynamic as "him, sort of a stoic rock and me a yipping dog jumping in circles around him and poking and prodding him."

Samberg said unleashing Peralta's craziness is something that comes naturally to him.

"I have two older sisters so I'm basically groomed in trying to annoy someone until they pay attention to me. It's fun."

Braugher, who was nominated for a supporting actor Emmy this year but didn't win, said the show is "one of the best challenges I've had in quite a while."

Poking fun

"I have two older sisters, so I'm basically groomed in trying to annoy someone until they pay attention to me. It's fun."

Brooklyn Nine-nine star Andy Samberg

"I think it's terrific. They're all very accomplished comedians and I'm really learning the art of comedy from watching them."

Braugher, who was previously known to viewers as intellectual crimesolver Frank Pembleton on the drama Homicide: Life on the Street, praised the "mature" quality of the humour, particularly in the handling of his gay character.

"One of the other great things about this comedy is that no one's the butt of the joke and that to me is another testament to the maturity of our creators."

One character who would be an easy target is Det. Charles Boyle, played by Joe Lo Truglio, whose cop-acting credentials include Reno 911 and Law & Order.

The quirky Boyle spent most of the first season looking for love, mainly pursuing the fierce Det. Rosa Diaz before hooking up with foodie Vivian Ludley and ending up in bed with Holt's assistant, Gina Linetti.

Making the cops good at their jobs is key to the comedy, he says.

"What makes them funny is their own personality flaws. It's nice in the case of Boyle to have a character that is weird but also good at his job. If you're strange and off-centred, that isn't equal to incompetence. I think that's a positive message." **THE CANADIAN PRESS**

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3 songs for the weekend

Sound Check

ALAN CROSS



A Taqwacore single, a lush tune from a man with selfie-mania and an Australian singer-songwriter who's getting lots of buzz



True/ Selfieman

This one-man electronic band from Moscow was inspired by "selfie-mania," which (in Russia, at least) is "a mental disorder typical for a person who can't stop himself from taking selfies." Sound familiar?



Banana/ The Kominas

This group of Pakistani ex-pats live and work in Boston, where they practise a form of rock called Taqwacore, which is a form of Muslim punk. This is their latest single.



Known Better/ Meg Mac

This 23-year-old Melbourne singer-songwriter has been getting lots of attention at home in Australia, thanks to her blend of dramatic pop and American blues. Her debut EP, Meg Mac, came out earlier this month.

See that symbol? It means you can scan this image with your Metro News app to listen to Alan's recommended songs this week.

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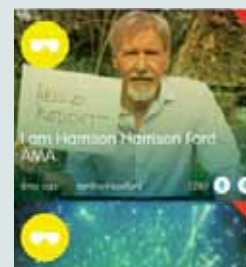


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● ● ● ● ●

If you have to buy toys to play a video game, it had better be awesome. This is The Incredibles play set from last year. It uses the same city and button-mashing style of missions, but with the heroes and villains swapped out for Marvel replacements. True, The Avengers have different abilities, but given that last year's set included three five-hour adventures and this just one, it's all disappointingly similar. Building custom worlds is more rewarding.

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Lucky Luciano looks for a new dream

Boardwalk Empire. Vincent Piazza reflects on acclaimed series as it airs its final season

Vincent Piazza is pondering his next move. His critically acclaimed series, *Boardwalk Empire*, created by Terence Winter and executive produced by Martin Scorsese, is in its fifth and final season on HBO Canada (Sundays, 9 p.m. EDT.)

Piazza, 38, plays Charles "Lucky" Luciano, a leading Mafia figure in the United States. "It's like my dream ended here. Now I need to re-dream something else," he said.

One possibility is writing. "I love writing. I love telling stories, and I'm going to try and give a crack at that for a bit." In a recent interview, Piazza shared his thoughts on co-star Steve Buscemi and what he kept from the set.

Where were you when you got the role?

I was in a little room in my (New York) apartment on 17th Street. I remember getting the call and I was just, 'Wow.' It was a wow moment, and then I had all this energy and excitement to begin, and I was like, 'All right, when does it start?' 'Like in six months.' And I

was like, 'Oh.'

And that's when I became a bookworm and was watching every documentary, reading every biography, just went to work in trying to learn more about the time.

What did you learn from Steve Buscemi?

Steve has been so gracious to me and all the actors that I get to see him interact with, and he's such a great leader.

As an example, it was the first episode that we were shooting of the entire show, and I'm a huge Steve Buscemi fan, but I'm also getting the feel of it. I don't know the hours, I don't know a TV schedule that well.

So, I was just getting to know everyone and spending time with the actors and the crew, and I look over and I see Steve just in his chair, his eyes closed, just sitting there. I go, 'Oh, interesting. He wants time to himself. OK, anyway, carrying on ...'

But by the 12th hour, 13th hour, 16th hour of the day,

Quoted

"I kept my cigarette lighter ... It took me a year to not burn myself whenever I clicked it."

Vincent Piazza, *Boardwalk Empire*, on the souvenir he kept from the series

I'm just fighting to ... keep my energy up. I'm watching him just come out of his chair like, 'All right, we're ready to go.'

And I was like, 'Wow.' Those little things, you know, you pick up along the way. Just conserve your energy, stay focused.

Yeah, there was a lot of great stuff that I learned by

watching him, as well as talking with him.

Did you keep anything from the set?

I kept my cigarette lighter because it was with me from the pilot. It took me about a year to not burn myself whenever I clicked it, because it's an old lighter. You've got to flick it and try

and look cool like, 'I've used this lighter all my life, since I was four when I started smoking.'

So we have this relationship, the lighter and I, and it's been with me the whole way, always in my pocket or in the scene, so, yeah, it's my little buddy.

Boardwalk is so visually

spectacular. Could you pick up on that during filming?

There was actually a moment last season when I was sitting back in the chair ... and I'm just staring at the monitor, and I looked and was like, 'We're in a moving oil painting.' It is just so rich in colour and texture. It was really special.

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Vincent Piazza, as Lucky Luciano in *Boardwalk Empire*, says he learned a lot from working with Steve Buscemi on the series, now in its final season. HBO

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Rock or Bust

No more shaking it all night long for AC/DC guitarist

Malcolm Young, one of the founding members of legendary Australian rockers AC/DC, has retired due to health issues but the band will press ahead with a world tour next year, they announced Thursday.

The high-voltage group, one of the highest-grossing bands of all time, was founded by brothers Malcolm and Angus Young in Sydney in 1973, and has gone on to sell more than 200 million albums.

In announcing a new record Rock or Bust, they said that guitarist Young, 61, would not be returning to the lineup after he took a break earlier this year due to unspecified ill health.

"Unfortunately, due to the nature of Malcolm's condition, he will not be returning to the band," they said on their website.

"AC/DC will undertake a world tour in support of Rock or Bust in 2015. Stevie Young, nephew of founding members Angus and Malcolm Young, plays rhythm guitar on Rock or Bust and will accompany the band on tour."

The new album will be released on Dec. 2. **AFP**



AC/DC guitarists and brothers Angus, left, and Malcolm Young. **AFP FILE**



Allison Williams and Christopher Walken in their Peter Pan Live! costumes. **TWITTER**

Peter Pan Live! Christopher Walken the plank as frightful Captain Hook

Christopher Walken will play one-handed antagonist Captain Hook in NBC's Dec. 4 show Peter Pan Live!, producer Neil Meron has revealed on Twitter. The broadcast is to star Allison Williams (Girls) as Peter Pan.

Hook still sports the long-haired, moustached look of his 1953 Disney cartoon compatriot, complete with garish red coat, but this

time swaps white ruffles for a golden garment and dark undershirt, contrasting with the green-clad Pan.

Newcomers Taylor Louderman and Alanna Saunders play Wendy Darling and Tiger Lily respectively, while Christian Borle (The Sound of Music Live!) and five-time Tony nominee Kelli O'Hara are also involved. **AFP**

More Live! attractions

The production follows NBC's 2013 hit The Sound of Music Live!; Fox has a live production of Grease planned for 2015, with NBC's version of Meredith Willson musical The Music Man announced for the same year.

First man on the moon



Apollo 11 commander Neil Armstrong. **CONTRIBUTED**

Whiplash writer to direct Neil Armstrong biopic

Drumming movie Whiplash turned heads at this year's Sundance and writer-director Damien Chazelle is in line to direct First Man, the story of Neil Armstrong and his incredible journey from Ohio son to moon-landing man.

Based on the James Hansen biography, which sourced over 50 interviews with Armstrong as well as private documents and discussions with the American hero's family and colleagues, a movie script is being provided by Josh Singer of The Fifth Estate with Chazelle in talks with Universal, writes The Hollywood Reporter.

That book was built on an exploration of Armstrong's pre- and post-moon landing achievements and his career as a military aviationist, a test pilot and an engineer.

And although Armstrong first flew into space as pilot of Gemini VIII in March 1966, it is not yet known whether Universal would be able to hit that flight's 50th anniversary in 2016 due to Chazelle's outstanding commitment.

That's for La La Land, which sees Chazelle work once more with Whiplash star Miles Teller in a jazz-themed drama with Emma Watson as possible co-star. It's currently expected to complete in 2015. **AFP**

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Many a slip. Spears launches lingerie line, hints at content of her new album

Britney Spears is branching out.

After 16 years in the music business and nearly 100 million record sales under her belt, the 32-year-old singer has added "designer" to her busy resumé.

The pop star launched her debut collection of lingerie and sleepwear, called The Intimate Britney Spears, in London Tuesday night.

The line, which Spears de-

scribes as "romantic, feminine and subtle," has been 2-1/2 years in the making.

"It's been a really long process but it's been a lot of fun," said Spears, who says she's become "obsessed" with lingerie.

Spears flew into London to promote the collection during a break in performing at the Planet Hollywood Resort and Casino in Las Vegas.

Spears believes her two-year residency in Vegas is

"ideal" and "really grounding" for her two young sons, Sean Preston and Jayden.

Spears' time in Vegas comes to an end in February. In the meantime, she'll also be working on her ninth studio album.

The singer, who recently broke up with boyfriend David Lucado, confirmed that the writing process is underway and the album will include lots of "I hate men and I love men" tracks. **THE ASSOCIATED PRESS**



Britney Spears attends The Intimate by Britney Spears presentation at the New York Public Library on Sept. 9. **ANDY KROPA/INVISION/THE ASSOCIATED PRESS**

Will Race fans jog over to Friday?

The Amazing Race.
Popular show forced to move to unpopular night due to schedule switch by U.S. network

Phil Keoghan looked as if he had just run into a roadblock.

Interviewed in Los Angeles, the host of The Amazing Race knew his series was being moved to a new night as it enters its 25th season (starting Friday, Sept. 26 at 8 p.m. ET).

He also knew, having seen the ratings and been mobbed at Canadian airports, that the series is even more popular in Canada than it is in the U.S.

So why, he wondered, didn't CTV just leave it where it's already the hit of the night, on Sundays?

"In a way, it's kind of sad that they're dictated by the American schedule," he says.

Having grown up in New Zealand — far from the crushing wave of U.S. TV signals — Keoghan had no idea that he had just raced over a Canadian TV cliff. The practice of substituting and simulcasting U.S. shows in Canada was part of the dialogue at the just-concluded hearings before the Canadian Radio-television and Telecommunications Commission.

The Canadian network with rights to The Amazing Race, Bell-owned CTV, suggested it would be happy to throw a roadblock up against the U.S. network signals that have spilled in for decades from Buffalo, Seattle and all across the Canada-U.S. border.

Instead of worrying about following the whims of a U.S. scheduler, they could



Amazing Race host Phil Keoghan has moved his welcome mat to Friday nights on both U.S. and Canadian networks as the show kicks off its 25th season. CONTRIBUTED

just show the programs they import whenever they want, without worrying that viewers might get their fix on a U.S. channel.

It's a particularly pertinent point this fall for CTV. It headed into this first official week of the season with three of their top imports — The Big Bang Theory, The Amazing Race and Grey's Anatomy — all switched to new nights.

Usually, whenever a TV network moves a show, it loses 20 per cent of its audience. The good news for CTV is that The Big Bang Theory stormed back Monday close to its usual average audience

levels, drawing 3.2 million and 3.5 million overnight viewers, according to rating estimates.

CTV had great success this summer with The Amazing Race Canada, which concluded to 2.7 million overnight viewers and remained, for the second year, Canada's most-watched show of the summer.

That the audience followed that series on Monday nights gave CTV plenty to cheer about. Scoring that kind of a number on a Friday, TV's lowest viewing night, will be more of a challenge.

Sunday is such a competi-

tive night. Having to compete without its Amazing Race tent pole at 8 has left CTV suddenly vulnerable. They'll be heading into a new night of hockey on City stations, as well as Global's female-skewing drama lineup.

During the long season, there's also The Walking Dead on AMC, Downton Abbey on PBS and many other cable and speciality distractions.

Keoghan is well aware of the Canadian version of The Amazing Race, which is hosted by Jon Montgomery.

"I heard it did extremely well," he says.

Nowhere to hide

"When we run through an airport now, iPhones come out and we're all over Instagram. People now know when we're running through Hong Kong."

Phil Keoghan, host of the Amazing Race, on how technology has changed the game

He tells fans here to expect a few surprises as the U.S. Race returns for a 25th edition. Besides handing out "a crazy valuable prize" beyond the \$1 million to the winning team, "we did something we've never done before," he says. "We had a live start."

Fans were invited to New York's Times Square at 3 a.m. to witness the new teams scattering for the first checkpoint. Fans at home could actually dial in the start of the race live online and stream the teams taking off.

"How cool is that?" he asks.

The 47-year-old is also active on Twitter and other social media platforms, posting photos and videos.

"I live tweet during the show," says the host, who can be followed at @PhilKeoghan. He loves the immediacy of getting instant feedback from fans. "It's like a live litmus test."

Keoghan notes how technology has changed in the 14 years since the series began.

"When we run through an airport now, iPhones come out and we're all over Instagram," he says. "People now know when we're running through Hong Kong. That didn't happen when we were first starting out."

Cameras certainly come out when Keoghan is at a Canadian airport. He recalls coming north to Toronto to shoot a few promos for the series for CTV.

"I remember I was under a deadline and had to get something done as I was going through the Toronto airport," he says.

Keoghan found himself mobbed by fans. He finally had to hide out in an airport lounge, with his jacket collar pulled up while he typed away on his laptop.

"I must have seemed extremely anti-social," he says. "But I don't think there are bigger fans of The Amazing Race than there are in Canada. Every time I go to Toronto, it's mega."

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Mary-Kate Olsen ALL PHOTOS: GETTY IMAGES

Mary-Kate swaps Cartier rock for band of gold, leading to marry chase

Guys, we really dropped the ball on this one. Everyone's been so focused on George Clooney getting married that we may have missed Mary-Kate Olsen's wedding altogether. The 28-year-old actress, designer and Wonder Twin was spotted this week in the Hamptons with her fiancé, 45-year-old French banker Olivier

Sarkozy, both of them sporting what look like gold wedding bands — and the massive Cartier diamond ring Olsen used to wear was nowhere in sight. Which begs the question: Is there such a thing as a hobo chic wedding dress? And what self-respecting billionaire hangs out in the Hamptons after Labour Day?

Miles Teller delivers two wildly Divergent tales

Looks like Miles Teller is engaging in a little bit of he said ... he also said. The Spectacular Now star told W magazine that he felt "dead inside" while filming Divergent, which didn't sit very well with fans of the franchise. "I didn't have an interesting part, and I'd taken the film for business reasons," he told the magazine. And you know who else wasn't very happy with the stuff Miles Teller said? Miles Teller. After his rep did some damage control, Teller took to Twitter



Miles Teller

Miles Teller can't believe Miles Teller said that. I hope they never run into each other, or it could get ugly.

himself. "I've never done a movie for 'business' reasons. I'm proud to be a part of Divergent franchise," he tweeted. Basically,

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OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Someone was feeding Lohan lines? Say it ain't so

NED EHRBAR
Metro in Hollywood

Depending on who you ask, Lindsay Lohan either had a great first night or a terrible first night during her London stage debut. Previews started this week for David Mamet's Speed-the-Plow, and the first review, from the Daily Beast, is not terribly kind. "On the first night of pre-

views, a work-in-progress feel is to be expected," Nico Hines writes. "But halfway through the second act of Speed-the-Plow, the audience was openly laughing at Lohan's struggle to grasp Mamet's sharp, trademark dialogue." Some audience members had fun with the gaffes, like Rafay Agha, who tweeted, "Major kudos to the woman who was feeding Lindsay Lohan her lines from offstage." But a tweet from one of her fans tells a different story. "According to all attendees of (Speed-the-Plow), Lindsay Lohan owned her part. As if doubt were plausible," writes Peyton Pittman. I just don't know who to believe anymore.



David Bowie

What's a little fur play between friends like Bowie and Jagger?

Turns out the compulsion to make everything fur-lined in the 1970s was more about function than form — at least at David Bowie's place. According to a new biography by Wendy Leigh, Bowie and his then-wife, Angela, had a four-foot-deep, fur-lined play area in their London flat affectionately dubbed "the pit" that was used for the some spectacu-

lar feats of sexual strength. The Bowies "used to have the most amazing orgies at Oakley Street. Everybody f—ing everybody in the pit. Mick Jagger used to come there and be involved with sexual things," Leigh writes. To be fair, though, I feel like Jagger could get business cards printed up that list his profession as "involved with sexual things."

Twitter



@JasonAlexander

A Bostonian told me I remind him of Damon and Affleck. I don't know about Damon but I assume Affleck refers to the duck.



@ConanOBrien

My iPhone 6 Plus is two days old and it's already bent. Has anyone else had this issue after leaving their phone on train tracks overnight?



@Real_Liam_Payne

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This recipe makes about 12 muffins. COURTESY RICARDOCUISINE.COM

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Topping

1. In a bowl, combine the rolled oats, brown sugar, flour and melted butter. Set aside.

2. In a skillet, sauté the apples in the butter for about 5 minutes. Allow to cool.

Muffins

1. Preheat the oven to 350 F (180 C). Line a 12-well muffin pan with paper liners.

2. In another bowl, combine the flour, baking powder and cinnamon. Set aside.

3. In another bowl, cream butter and sugar with mixer until light and fluffy. Add eggs and vanilla. Beat until smooth.

4. With a wooden spoon, stir

dry ingredients into butter and sugar mixture alternately with the milk. Add the diced apples. Spoon the batter into the wells.

5. Place 3 pieces of uncooked apples on each muffin and top with the oatmeal mixture. Press lightly with your fingers.

6. Bake in the middle of the oven for about 20 to 25 minutes or until a toothpick inserted in the centre of a muffin comes out clean. **FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S UP-COMING ENGLISH EDITION, WHICH LAUNCHED THIS SEPTEMBER!**

Ingredients

Topping

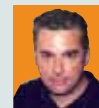
- 1 cup (250 ml) rolled oats
- 1/3 cup (75 ml) brown sugar
- 1/4 cup (60 ml) unbleached all-purpose flour
- 1/2 cup (125 ml) melted butter
- 2 apples, peeled, cored and cut into 36 pieces
- 2 tbsp (30 ml) butter

Muffins

- 1 1/2 cups (375 ml) unbleached all-purpose flour
- 1 1/2 tsp (7.5 ml) baking powder
- 1 tsp (5 ml) ground cinnamon
- 1/2 cup (125 ml) unsalted butter, softened
- 1/2 cup (125 ml) sugar
- 2 eggs
- 1 tsp (5 ml) vanilla extract
- 1/2 cup (125 ml) milk
- 1 apple, peeled, seeded and diced

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Myths of French grapes



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French wines have an image problem.

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Perk up with a brew-it-all machine

Monday is International Coffee Day, and whether it be a latte, espresso or coffee — iced or hot — there seems to be a machine to create just about whatever your java-loving taste buds desire. Even with limited counter space, these six machines do almost everything you might want to deliver your caffeine buzz



DESIGN CENTRE
Karl Lohnes
home@metronews.ca



Large reservoir

Keurig Rivo, \$199
Now you can brew one of the world's most-loved coffee brands at home with Lavazza capsules. The Rivo machine boasts one of the largest water reservoirs, which means you don't have to refill it as frequently. Keurig.ca

Handy milk carafe

Delonghi Dedica Cappuccino, \$599
The handy milk carafe can go from fridge to machine and the machine boasts Dual Thermoblock Technology, which quickly heats the pump to the ideal brewing temperature. Delonghi.com



Manual option

Breville Oracle BES980XL, \$2,300
Has lots of internal pumping power for frothing and brewing at the same time — a great time-saver when making more than one latte. You can operate the machine manually (like a true barista) or automatically for convenience. Breville.ca

Café flavour

Verismo 600, \$149
High-pressure bars allow for better brewing flavour (in which Blonde roast is a Canadian fave for at-home brewers). The machine is compatible with the Starbucks coffee capsules for a true café taste — even at home. Starbucks.ca



Flip for espresso

Phillips Saeco Minuto, \$900
Memo function allows you to pre-set the length and strength of your coffee and an easy lever goes from everyday coffee service to café-style espresso with a simple flip. Saeco.ca

Tiny footprint

Vertuoline, \$299
One of the smallest footprints — great for tiny kitchens and offices. The pump preheats and is ready to go in less than 20 seconds. Nespresso.com



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Don't let eczema stand in your way

For those who live in the dry climate of northern Alberta, eczema is a common concern. Running the gamut from a mild rash that can be helped with frequent moisturizing, to a more severe condition with red, raw cracking skin requiring treatments prescribed by a dermatologist, eczema is a condition that can be helped.

"Eczema and hand eczema can be life-altering, with painful, dry, raw skin, but help is available. People don't need to suffer," says Amanda Cresswell-Melville, executive director of the Eczema Society of Canada.

The society offers education and tips at eczemahelp.ca on how to avoid or manage an outbreak, but it advises sufferers to first get an assessment from a dermatologist, who can decide on the best course of treatment in dealing with this wide-ranging condition.

Dermatologist Dr. Jaggi Rao and his staff at the Alberta Laser & Dermatology Centre provide a full range of medical dermatology for eczema sufferers, whether hand eczema or any other form of skin dermatitis.

Cresswell-Melville said those with hand eczema are encouraged to wear protective



Amanda Cresswell-Melville, executive director, Eczema Society of Canada. CONTRIBUTED

cotton gloves over moisturized hands and avoid wet work, but chronic sufferers and those with eczema-prone jobs, such as hairdressers, mechanics and health-care workers, may need prescription medication to help their hand eczema.

A visit to the dermatologist is encouraged to find the best course of treatment for you.

Health and aging seminar to mark Seniors Day

With National Seniors Day just around the corner, it's the perfect time to discuss health and wellness specifically for the elderly.

Dr. Saima Rajabali is a research co-ordinator at the University of Alberta and she and her geriatric team are celebrating National Seniors Day with a free seminar on Oct. 1.

"The idea is to increase awareness and knowledge and provide seniors with information and resources so that they can take charge of their health," she says. "Quality of life is something we want to focus on and, as our life span increases, we want to equip seniors to understand and address health and wellness issues in their lives."

The U of A geriatric team held a similar event in June and the response was so overwhelming that it decided to do it again with four experts in various fields discussing topics including visual problems and heart issues, among others.

"We want to celebrate the day and also educate and inform people about health related issues. We would like to continue these helpful programs in the future, as well," she says.

The event runs from 1:30-3:30 p.m. at the Central Lions Senior Citizens Recreation Centre on Oct. 1.



SHUTTERSTOCK



Do you suffer from hand eczema?

Dr. Jaggi Rao is a dermatologist who can help people manage this challenging condition. There are many treatments that can help, including some new options. No medical referral is necessary when you mention **"Metro"**.

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Bone Health - The Confusing Osteos

Speaker: Dr. Angela Juby, Associate Professor and Geriatrician, University of Alberta

Watch Out! - Visual Problems in Old Age

Speaker: Dr. William Gibson, Clinical Research Fellow, University of Alberta

ASK THE EXPERTS – These experts will answer your questions on healthy ageing.

Facilitator: Dr. Saima Rajabali, Research Coordinator, University of Alberta

When: Wednesday, October 1, 2014

Time: 1:30 – 3:30 pm

**Central Lions Senior Citizens Recreation Centre,
11113 113 Street Edmonton, AB**

**Please confirm your attendance Contact: Joan Kravic
Phone: 780-492-6233 Email: joan.kravic@ualberta.ca**



Charming Engineer Drops 65 lbs & 60 inches and Skis Into Her Fifties!

Engineer and Professional Land Surveyor, Sarah Cornett, always felt competent and comfortable in her professional career but her personal world was an entirely different matter. Each birthday was accompanied by additional pounds and unwelcomed inches. While this devoted wife and mother to an athletic family had achieved numerous accolades professionally, she struggled to win the never ending battle with the scale. The focus and discipline which served her so well in her professional world refused to transcend into her weight loss objectives.

Sarah's story is not dissimilar to many who have ventured through the doors of the U Weight Loss Clinics™ across Canada.

When asked to share her journey back to health and wellness, here's what the candid and soft spoken Sarah had to say:

Q: **How much weight have you lost?**

A: **I have lost 65 lbs and 60 inches** over 39 weeks with the U Weight Loss Clinic™.

Q: **How did you gain the weight?**

A: Year by year the weight just crept on. It really started when I was working full time when my three children were small. **I didn't take the time to look after myself**; I was so busy looking after everyone else. Then those kids turned into school age, then teen age, and I still didn't take the time to take care of myself. I know that a lot of my weight gain was the result of "stress eating".

Q: **What was the final straw that made you decide to start your weight loss journey?**

A: **I couldn't believe I had to buy a size 18 dress pant!** I realized that if I didn't do something it would be size 20 next time. The need to purchase a sleep apnea machine because my weight was interfering with the quality of my sleep also frustrated me; I was just frustrated with myself.

Q: **How did you feel about seeking help with your weight loss?**

A: I hesitated for a long time because, like so many others, **I thought I should be able to do it by myself. It should be simple right?** Eat less, exercise more, be disciplined and the weight should come off. But it didn't work that way for me. In retrospect, I realize that discipline without the benefit of knowledge and current scientific research was not effective. I will tell you that the hardest thing about losing weight at U Weight Loss Clinics™ was making that first call and asking for help.

Q: **What happened initially when you started with U Weight Loss Clinics™?**

A: From my first consult (Healthy Weight Analysis) I was impressed by the science behind the program and the knowledge of the staff. **In my first week alone I lost 7 1/2 pounds!** After that, my progress was a pretty steady 2 lbs per week until I reached my goal. The coaches at the Clinic helped me through any little glitches I had along the way.

Q: **So what did you like most about the program?**

A: I liked the science behind the program. My dad was a retired doctor and my mother was in nutrition, so that scientific approach to health appealed to me. It was all about good nutrition, quality supplements, eating fabulous food, and getting support from the coaches who had real life experience with the program. The coaches, when originally explaining the program, indicated that this was not a diet, but more of a lifestyle change. I found this to be very accurate. The consistent results were very inspiring. **I never felt like I was on a diet and I was never hungry.**

I did my program while also being a busy wife and mom, and working full time. **I didn't think I could fit one more thing into my day but the program was simple to follow** and I could make the meal plans work for the whole family. I actually saved time preparing meals because menus and grocery lists were all laid out and very simple to follow.

Q: **How do you feel now?**

A: **I feel fantastic!** I feel like me again. I have energy, I sleep better, and I actually enjoy shopping for clothes for the first time since I can remember.

The best part is that at 51 years old I can do the things I used to love to do when I was younger, especially with my kids and the rest of my family. I went waterskiing this summer for the first time in ages! **Yes that picture was taken just a few weeks ago!**

If you are in your fifties or older and have carried the weight for years or even decades, don't think you have to settle for being overweight, let me tell you that is absolutely not the case. As a woman, I really needed to do this for myself. **I wasn't doing myself or anybody any good by being unhealthy and unhappy.** Now I can support the people I love better, and that makes me feel good. Like my sister always says, put on your own oxygen mask before assisting others.

Q: **Any advice for anyone struggling with weight loss and health related challenges?**

It took me a very long time to make my health a priority. I wish I'd acted sooner, but I'm so glad there was a U Weight Loss Clinic™ in St. Albert. **If you have even a few pounds to lose, don't procrastinate, get the simple knowledge you need to change your life today.**

Moir Quigg, local owner of the U Weight Loss Clinics™ was thrilled when Sarah recently accepted a position as a health coach at the St. Albert location. "While the mathematical and scientific rigors of surveying appealed to Sarah for most of her life, it's now the science behind the U Weight Loss Program that has captured her passion and desire to help others," says Quigg.

Clinic and Regional Manager, Karla Short, herself a former U Weight Loss Clinics™ client who dropped 50 lbs some 4 years ago says: "If you want to lose weight without gimmicks and fad diets, then come by our Clinic and speak to Sarah or any of our staff. We would be thrilled to help U change your life."



After

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Before

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Time to think hair removal

As the seasons are changing from summer to fall and fall to winter, now is the ideal time to think about laser hair removal.

In fact, the dreaded winter season is considered the perfect time to get rid of unwanted hair before bathing suit season strikes again, according to Tropicalaser owner Maie Kellerman, who says most hair can be removed in six to nine sessions.

"Now is the perfect time to start the process because you'll be ready for next summer. Removing hair on tanned skin is a no-no so fall is the perfect time to get started," she says. "Our most popular hair removal services are for the bikini area, legs, underarms and facial hair so

it works best to get started around this time of the year."

There are many intangible benefits to removing unwanted hair, Kellerman says.

"One of the top reasons people want to remove hair is so they don't have to worry about it ever again, which gives you a tremendous sense of freedom. Once the hair is removed you're left with silky, smooth skin."

And it's not just for aesthetic reasons; customers will save money in the long term with guaranteed results from Tropicalaser.

"The costs of waxing and shaving are never-ending but once you get permanent laser hair reduction, it pays for itself in just a few years."

New facial treatments paying off

If our eyes are the windows to our soul, then our face is the door that unlocks possibilities.

The face says many things about who we are and is the key feature to first impressions, which is why it's not surprising that facial rejuvenation has been one of the hottest topics, according to Anava Esthetics Studio owner Anna Mateescu, who credits their numerous satisfied customers for 15 years of success.

"New technology and treatment techniques have advanced facial treatments to a level that is quick, effective and available for the public," she says. "Whether it's facial rejuvenation, massage or pedicures, well-being starts with the person and taking care of yourself has many therapeutic benefits."

Mateescu says one of the most exciting advances in facial rejuvenation is microdermabrasion.

"With this treatment, fine lines, hyperpigmentation, wrinkles, acne, and some scars are diminished all while enhancing the penetration of professional skin products."

Results are immediate and the recovery is



CONTRIBUTED

minimal (one to two days). To yield the best results, regular treatments in combination with sunscreen and skin products such as Thalgo or Laboratoire Dr. Renaud are always recommended.

"Quality has always been the differentiating factor for Anava Esthetics Studio and we've relied on word of mouth recommendations as well as our loyal customer base for our success."

Anava's services also include light therapy, body wraps, therapeutic massage, pedicures, and manicures.

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SQUARE DANCE PROGRAMS OFFER POSITIVE BENEFITS

Dancing offers up any number of positive benefits for dancers new and experienced. Just ask Charlie and Wendy Countaway, an Edmonton couple who have been dancing for a year.

"It's a good workout. You get up on the floor to dance and then the caller says to take a break so you take a break. Then you go up and do it again and if you don't feel like doing it again, you don't have to. And when you're first learning and you make mistakes and mess up the square — but people laugh and just grab you by the arm and put you in position," Charlie says. He recommends it for people of any age.

For Wendy, part of the appeal was the casualness of it.

"I was at a farmers' market and heard the music," she says. "But what really convinced me to do it was that I was wearing capri pants and sandals. And the dancer said to me, 'You can wear that.' I didn't need any special clothes."

For Ed Birnie, square dancing helped pull him out of his funk. Almost three years after his wife died, Birnie was still feeling what he calls "the malaise" when serendipitously, he was invited to dance via a friend's sister. Now he's an enthusiastic regular.

"I just enjoy it immensely and it really helped me come out of my malaise," he says. "The big thing for me, of course, was to get me back into thinking normally rather than woe is me."

For Birnie, he enjoys it so much he dances twice weekly with his new partner, who he met through dancing. "It's been



SHUTTERSTOCK

CHECK THE WEBSITE AND LEARN MORE

Looking to try a class? Check out the website for the Edmonton & District Square Dance Association at edsda.org, where you can find information on programs such as the Blizzard Cloggers, Country Sunshiners, Edmonton

Single Squares, West Edmonton Promenaders, Wild Rose Country Dancers and other new dancer classes. There are more than 15 clubs in Edmonton and area offering new dancer classes. Phone 587-521-3386.

just great for me," he says. "Not only did it bring me out of my sadness but it also

gives me an exercise program that I actually enjoy doing."

While Donna Lee Randon likes the exercise that she, too, gets from dancing, which she's been doing now for three years, there's another surprising element she appreciates from the gatherings.

"It gets my mind off of everything because I'm thinking of the patterns," she says.

"The people that go there are just so like a family. They're there for each other. It's very community oriented and in this day and age, that can be hard to find."

Know your clogging from your promenading

CLOGGING

"Clogging is Appalachian mountain step dancing and it incorporates all sorts of things like Irish dancing and things like that," says Rosemarie Coyne, the clogging representative for the Edmonton & District Square Dance Association. "But we've got taps — normal oxford shoes with taps on the heels and toes. It's noisy and it's men and women, but mainly women. You don't have to have a partner — that's a big thing because a lot of women don't go dancing because they can't get the men to go."

ROUND DANCING

"In round dancing we dance in a circle,

which is why it's called round," says Glen Eliasson, a round dance cuer.

"And so round dancing is choreographed ballroom dancing so we cover the rhythms of fox trots, rumba, cha cha, jive, quick step, two-step, mambo, single and west coast swing, waltz and more. The waltz is probably the easiest to start with." The music has choreography written to specific music, and the cuer "instructor" is telling the dancers what steps



they're going to do next about one measure before they have to do the step," says Mary, a cuer. "So they're still doing one step and we're telling them what their next step is going to be." Bruce, an instructor, adds that there are varying levels of round dancing and the higher the level, the more difficult the dance is to execute.

DANCERS CONVERGE FOR CONVENTION

There was no shortage of attendees at the 46th Alberta Square and Round Dance Convention held over the Labour Day long weekend. "More than 300 dancers attended the convention," says Tom Gray, a local dance caller from Edmonton. "The dancers came from all over Alberta and as far away as British Columbia, Saskatchewan, Manitoba, Ontario and the Yukon. When people travel that far to attend an event, you know there's something fun happening."

SQUARE DANCING

This is a dance with eight people who compose a square. It can be done by children, teens, adults and seniors; a vigorous but gentle form of exercise that demands the co-ordination between the brain and the body.

COMMUNITY DANCE

Incorporates a variety of dance types in an evening — for singles or couples experienced or new to the dance floor. Cost is minimal but the fun is maximum.

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NEW Dancer Classes 2014

Club	Dates	Contact
Blizzard Cloggers	6:30pm on Sept. 27 in the Normandy Room, Fort Saskatchewan Legion	Birgit Blizzard 780-998-5405
Country Cousins	Tuesday, Sept. 23, 2014	Darvin & Rolande Mills 780-464-3124
Country Sunshiners - New Dancer Fast Track Program	Friday, Oct. 17 - Nov. 29, 2014	Stephen: 780-909-4493 Fern: 780-434-6249 Email: countrysunshiners@gmail.com
Double Diamond Dancers	Tuesday, Sept. 21, 2014	Clarence E: 780-475-1717 Clarence F: 780-473-7259
Edmonton Single Squares	Monday, Sept. 15, 2014	Janice: 780-487-0440 Marion: 780-460-2572
Kensington Strollers - Beginning Phase III Rounds	Monday, Oct. 6, 2014	Audrey: 780-454-6357
Kensington Strollers - Beginning Round Dancers	Wednesday, Sept. 24, 2014	Audrey: 780-454-6357
Kick-a-poo Kids Bon Accord, AB	Thursday, Oct. 2, 2014	Gary & Lois: 780-973-6923 Jack: 780-906-3089
Lukes and Lucys - Plus Dancing	Thursday, Oct. 2, 2014	Terry: 780-454-4200 Wayne: 780-467-1765
Morinville Yellowrock Dancers	Monday, Sept. 15, 2014	Jeannine: 780-939-7437
Sandholm Crossroads	Fall 2014 Thursday (7 - 8:30pm)	Mary & Bill: 780-389-3529
St. Peter's 2x4s	September 2014	Mike & Anne: 780-481-3122
Swinging Spokes	Friday, Sept. 2014 6:30 - 8:30pm	Suzanne Harrison: 780-439-8687
West Edmonton Promenaders	Tuesday, Oct. 7, 2014 7 - 8:30pm	Ruth & Tom: 780-489-6545 Jim & Sylvia: 780-470-0166 Ted & Mildred: 780-963-6050
Whitecourt Whirlers	Friday Oct. 3, 2014 Accept New Dancers Plus or Mainstream	Gary & Eileen: 780-778-3214
Wild Rose Country Dancers -New round dancer's (waltz) at SEESA & Westend Seniors	Thursday, Sept. 18, 2014 OR Friday, Sept. 19, 2014	Joan: 780-463-9381

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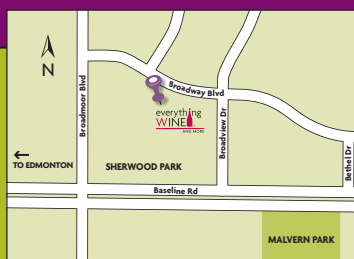
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Edmonton's Mr. Everything

CFL. Whether it's slotback, running back, receiver, or punt returner, Kendial Lawrence produces

The Edmonton Eskimos signed free agent Kendial Lawrence as an injury fill-in early this season, but the 25-year-old Texas native is proving to be a valuable and versatile addition to the CFL club.

The five-foot-nine, 195-pound running back/receiver out of Missouri has been Mr. Everything for the Eskimos.

He filled in at slotback when injuries took out Fred Stamps then A.J. Guyton.

He became a running back when John White and then Tyler Thomas were hurt.

When Joe Burnett and Pat Robertson were injured, Lawrence became a kick and punt returner.

In total he has produced 806 yards and every time he gets his hands on the ball he averages 9.1 yards. He doesn't care how he gets the football, whether via a handoff or a pass or a kick, he just wants it in his hands as much as possible when the Edmonton Eskimos meet the Saskatchewan Roughriders Friday evening.

"I prefer just having the ball in my hands period," he said Thursday. "It's not selfish. It's a big responsibility and I take that very seriously. I love to have the ball in my hands."

Lawrence has moved between running back and receiver — often in the same game — since getting on the game roster July 24 against Calgary. He had two catches for 36 yards and two carries for 24 in that game.

In eight games, he has 16 receptions for 180 yards and one



Kendial Lawrence has produced 806 all-purpose yards as a utility man with the Eskimos this season. RICHARD WOLOWICZ/GETTY IMAGES

touchdown, 55 carries for 382 yards (second on the team only to quarterback Mike Reilly) and two TDs, two kick returns for 42 yards and 15 punt runbacks for 202 yards.

On Friday he will line up at slotback with John White back at running back after missing six games with a broken finger.

Reilly said having both White and Lawrence on the field at the same time "makes the defence have to worry about multiple things."

"John White is a great running back. He's done a tremendous job for us when he's been healthy and he adds a dimension of power that defences

don't like to see. I don't think defences want to see him out on the field."

Head coach Chris Jones said White is "certainly one of our most explosive players with the ball in his hands. He's a good blocker, he's very physical."

The question, however, is how effective the Eskimo running game will be against Saskatchewan's aggressive defence. After losing Thomas last week in Hamilton, the Eskimos ran the ball just nine times for 48 yards, losing for the third time in four games. That dropped them to 8-4, a game behind the 9-3 Roughriders.

Week 14 pick



Roughriders at Eskimos, Friday, 8 p.m., TSN

This contest will feature two of the CFL's best defences. Edmonton ranks second in fewest yards allowed (295 per game) and sacks (39) and third in points (21.0) while Saskatchewan is fourth in yards (319.1) and

points (22.1) but first in sacks (50).

The Esks have the edge at QB with Mike Reilly who has 2,185 passing yards with 13 TDs against eight interceptions.

If Saskatchewan gets its CFL-best ground attack (141.1 yards per game) in gear, that would certainly make QB Tino Sunseri's life easier. But Edmonton is allowing just 95.1 rushing yards per game.

Reilly and home-field advantage give Edmonton the edge.

Pick: Eskimos

4 SPORTS



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Tigers inch closer to a division title

MLB. Detroit's stars come through as they hold on to two-game lead over Kansas City in AL Central

Miguel Cabrera and Victor Martinez homered, Max Scherzer made it through six tough innings and the Detroit Tigers moved closer to another AL Central title with a 4-2 victory over the Minnesota Twins on Thursday night.

The Tigers, who have already clinched a post-season berth, can wrap up a fourth straight division championship as early as Friday. Martinez hit a two-run homer in the first, and Cabrera added a solo shot in the fourth.

Scherzer (18-5) allowed two runs and five hits. Joakim Soria pitched the seventh, Joba Chamberlain handled

the eighth and Joe Nathan finished for his 34th save in 41 chances. The Detroit bullpen retired all nine hitters.

Minnesota's Trevor May (3-6) allowed three runs and five hits in six innings. He struck out seven and walked one.

The Tigers remain two games ahead of second-place Kansas City.

Martinez gave Detroit an early lead with his 32nd homer of the year. Cabrera's 24th made it 3-0, but the Twins made Scherzer work. After escaping trouble in the second and fourth, the right-hander allowed a two-run double to Joe Mauer in the fifth.

Scherzer struck out nine and walked four while throwing 116 pitches, but Detroit's much-maligned bullpen held on rather easily. Nathan struck out two in the ninth.

Rajai Davis doubled home an insurance run for Detroit in the seventh.

THE ASSOCIATED PRESS

Eyes on October

- **Royals are wild.** With a 6-3 win over the Chicago White Sox, the Kansas City Royals kept pace with Detroit in the AL Central, but took sole possession of the top wild card.
- **Beltre walks it off.** Adrian Beltre hit a walk-off homer in the ninth inning, and the Texas Rangers kept Oakland from getting closer to clinching an AL wild-card spot with a 2-1 victory over the Athletics.
- **M's still in the race.** Logan Morrison hit a three-run homer and added a solo shot to power the Seattle Mariners to a 7-5 victory over the Toronto Blue Jays. The Mariners are two games back of the A's.



Tigers starter Max Scherzer pitched six innings, allowing two runs and five hits while striking out nine in a 4-2 win over the Twins in Detroit on Thursday night. LEON HALIP/GETTY IMAGES

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PORSCHE

Patrick Roy won't rest on his laurels

NHL. Avalanche head coach pushing for his team to improve despite stiff competition

After putting up 112 points and winning the Jack Adams Trophy as coach of the year in his first season behind an NHL bench, what can Patrick Roy possibly do for an encore?

Even a coach with Roy's self-confidence doesn't see his second season with the gifted young Colorado Avalanche going that well.

"There are a lot of coaches that are better than me, but I believe I'll continue to learn," Roy said Thursday. "And the worst part of this is, I'm sure I'm going to be a better coach along the way and I'm probably never going to win the Jack Adams again."

"It was a great year. It was fun, but now it's behind us."

The Avalanche are on a two-



Patrick Roy won the Jack Adams Trophy in his first year as an NHL head coach last season.

HARRY HOW/GETTY IMAGES

game swing through Roy's old patch, with games Thursday night in Montreal, where he starred for the Canadiens for 10 seasons, and Friday night in Quebec City, where he built the Remparts into a Quebec Major Junior Hockey League

power after his Hall of Fame playing career ended.

Roy was lured away last season to become head coach and vice-president of hockey operations for the Avalanche, who he helped win two Stanley Cups after his bitter parting with the Canadiens in 1996.

The fiery Roy's impact was felt immediately on a team stacked with budding stars like Matt Duchene, Gabriel Landeskog and 2013 first overall draft pick Nathan MacKinnon.

The Avs finished second overall in the Western Conference and tied a franchise record with 52 victories, although they lost in seven games to Minnesota in the first round of the playoffs.

"We're playing in a tough conference, and it's pretty easy to be humble in that conference," he said. "With the quality of the teams, you know that to make the playoffs you have to be outstanding all year." **THE CANADIAN PRESS**



Jeter walks off a hero

The perfect script: Derek Jeter capped his Yankee Stadium farewell with a game-winning single in the bottom of the ninth inning, the latest storybook moment in a charmed and illustrious career, to give New York a 6-5 victory Thursday night over the Baltimore Orioles.

ALEX TRAUTWIG/GETTY IMAGES

Separated shoulder

Injury benches Red Wings star centre

Pavel Datsyuk is expected to miss the start of the regular season because of a separated right shoulder.

Detroit general manager Ken Holland said his star centre will miss four to five weeks.

The Red Wings open the season Oct. 9 against Boston. **THE ASSOCIATED PRESS**

Fractured fibula

Staal sidelined with leg fracture

Jordan Staal will undergo surgery on his broken right leg and is expected to miss three to four months.

Staal suffered a fractured fibula during Tuesday night's exhibition game at the Buffalo Sabres.

Staal had not missed a game for the Hurricanes since they acquired him in 2012.

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Brett Favre says NFL's recent scandals could be useful in raising awareness on domestic-abuse issues. GETTY IMAGES FILE

NFL. Favre believes domestic issues will pass

Retired quarterback Brett Favre believes that the NFL will survive a turbulent month and hopes that the recent issues with domestic violence will raise awareness about the problem.

"The domestic-violence issues, they're few and far between (in the league), but they're just enough to raise a serious awareness," Favre said. "I think that's the good that will come out of it. We'll see."

The three-time MVP was in Jackson, Miss., on Thursday after he was elected to the Mississippi Sports Hall of Fame.

The 45-year-old Favre grew up in Kiln, Miss., and played at Southern Mississippi before a long career, mostly with the Green Bay Packers from 1992-2007.

He still watches football, but said he doesn't follow the NFL closely enough to have an opinion about whether commissioner Roger Goodell should keep his job.

Favre, who still owns several NFL records, has kept a low profile since moving back to Hattiesburg, Miss., after his retirement. **THE ASSOCIATED PRESS**

Source reveals more

The video of Ray Rice punching his then-fiancée inside a casino elevator was sent to NFL headquarters to the attention of league security chief Jeffrey Miller in April, a law enforcement official says.

- The NFL said no one with the league saw the violent images until TMZ Sports released the video earlier this month. Miller said Thursday through an NFL spokesman that he never received the video.
- The official, who spoke on condition of anonymity, said he doesn't know if Miller ever saw the DVD or opened the package.
- The official told the AP two weeks ago that he sent the video to the NFL, but asked the AP not to report that he had addressed the package to Miller. He eliminated that restriction Thursday.

Mickelson to face McIlroy at Ryder Cup

PGA. Lefty and partner Bradley will square off against new European pair at Gleneagles

Phil Mickelson poked fun at Rory McIlroy. Now they get to face off in the Ryder Cup.

Mickelson and Keegan Bradley, undefeated as a team two years ago at Medinah, face the European powerhouse of McIlroy and Sergio Garcia in the opening session of fourballs on Friday at Gleneagles.

"We're looking to hand them their first defeat tomorrow morning," McIlroy said.

They will be the anchor match of what should be a fascinating opening session.

U.S. captain Tom Watson made sure all three of his rookies were on the course at Gleneagles right away, and two of them are partners — 21-year-old Jordan Spieth and 24-year-old Patrick Reed, the youngest pairing in Ryder Cup history.

Europe captain Paul McGinley put together four pairings who have never played together in a Ryder Cup. That includes McIlroy and Garcia, who he said have become fast friends over the summer and asked to play together.

"The fun is only starting now," McGinley said.

Mickelson took a playful jab at McIlroy on Wednesday when he said the best part of American unity is the players don't "litigate against each other." McIlroy has a court battle against his former management company, and the lawsuit involves Graeme McDowell.



Rory McIlroy walks the course during a practice round ahead of the Ryder Cup golf tournament in Gleneagles, Scotland, on Thursday. Scan the image with the Metro News app to see some of the run-up to tee time. SCOTT HEPPPELL/THE ASSOCIATED PRESS

McIlroy told Golf Channel on Thursday that he "got a couple of jabs back" at the gala dinner on Wednesday.

"I know Phil well and we had a couple of laughs about it," McIlroy said.

Mickelson and Bradley went 2-1-1 as partners in the Presidents Cup last year, so they are not unbeatable. And while they faced some of Europe's strongest tandems at Medinah — including handing Garcia and Luke Donald their first loss in foursomes — this might be the toughest yet.

"It's going to be a difficult match against what we perceive as the strongest team that Europe has," Mickelson said.

Watson went with his strength at the top. He chose Bubba Watson and Webb Simpson in the opening match against Justin Rose and Henrik Stenson. Watson and Simpson won both fourballs matches at Medinah, beating both opponents on the 14th hole.

Rickie Fowler and Jimmy Walker will play the second match against Martin Kaymer

and Thomas Bjorn, the 43-year-old Dane who is playing in the Ryder Cup for the first time since 2002.

Both captains said their plan was for all 12 players to be on the course by the end of Friday.

"People are going to say there is real strength at the top, real strength at the bottom," McGinley said. "It's really strength all over. I really, really rate this American team. We're going to have to be on if we're going to beat them."

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Bobsled driver Kaillie Humphries works out at the Winter Sport Institute in Calgary, Monday. JEFF MCINTOSH/THE CANADIAN PRESS

Calgarian to pilot first co-ed four-man bobsled

Mixed sport.

Bobsledding governing body rules four-man bobsled to be gender-neutral

Kaillie Humphries will be the test case, the guinea pig if you will, on females racing with and against men in bobsled.

The two-time Olympic gold medallist in women's bobsled has been given the green light to pilot a four-man sled with male brakemen.

The governing body FIBT essentially declared Thursday that four-man bobsled is "gender neutral," which allows for mixed teams and all-female teams to compete against men's four-man sleds.

Humphries asked the FIBT at the organization's congress

Integration

"This day and age, it's something I feel the world is ready for."

Kaillie Humphries, Olympic bobsledder and now pilot of the first competitive mixed-gender four-man bobsled team.

in May to allow her to pilot a men's sled. With just six weeks until the start of the 2014-15 racing season, the executive committee essentially said yes.

While it leaves national bobsled federations scrambling to figure out how this will work, Humphries was elated Thursday.

"This day and age, it's something I feel the world is ready for," the Calgarian told The Canadian Press. "I need new challenges and this is a huge one. I think for me knowing another four-year

cycle means pushing myself, pushing the limits, the target on my back is a lot bigger.

"I don't want to ever become complacent. And I know this is a challenge that will not allow that to happen. This is something that will challenge me mentally and physically to step up my game."

Women's bobsled was introduced as an Olympic sport in 2002 as a two-person event, while the men continued to race two-man and four-man sleds.

Humphries and brakeman Heather Moyses of Sum-

merside, P.E.I., defended their Olympic title in Sochi, Russia, in February after claiming gold four years ago in Whistler, B.C. The two women were Canada's flagbearers at the closing ceremonies in Sochi.

Humphries will attempt a three-peat in Pyeongchang, South Korea, in 2018.

The 29-year-old has won 11 of her 15 career World Cup races as well as a pair of women's world championships.

She intends to pilot a sled with male brakemen at Bobsleigh Canada Skeleton's selection races in Calgary in October. Humphries does not yet know who her Canadian crewmen will be.

Humphries hopes the FIBT's declaration opens the door for a separate four-woman competition in the future. THE CANADIAN PRESS

IOC adds gender to non-discrimination rules

The IOC will require future Olympic host cities to abide by rules that forbid any kind of discrimination, a move prompted by the outcry caused by Russia's adoption of a law banning so-called gay "propaganda" ahead of the 2014 Winter Games in Sochi.

The International Olympic Committee sent a letter to the three candidates for the

2022 Winter Games specifying that the host city contract will include new wording on non-discrimination.

The language, based on Principle 6 in the Olympic Charter, also includes a specific reference to discrimination based on gender.

The new clause — seen by The Associated Press — requires the host city and na-

tional Olympic committee to "conduct all activities in a manner which promotes and enhances the fundamental principles and values of Olympism, in particular the prohibition of any form of discrimination with regard to a country or a person on grounds of race, religion, politics, gender or otherwise, as well as the development of the Olympic

Movement."

The inclusion of the new language follows the global controversy that surrounded the buildup to the Sochi Games after Russia passed a law prohibiting gay "propaganda" to minors. The law was passed in the year before the Games and led to international protests by gay and human rights groups.

THE ASSOCIATED PRESS



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Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

You seem to have overdone it and need time to recover from your exertions. Even so, Aries is never inactive for long and come the beginning of next week you'll be on the go again.

♉ Taurus

April 21 - May 21

Something will happen over the next few days that undermines your confidence. Be that as it may everything will be resolved when Venus, your ruler, changes signs next week.

♊ Gemini

May 22 - June 21

The setbacks of recent months can now be seen in a more positive light. Even when you were on the receiving end of bad news it was teaching you and toughening you up.

♋ Cancer

June 22 - July 23

Take advantage of the Sun moving through Libra to sit back and relax. If you have not finished something by now chances are it will never see the light of day, so forget it.

♌ Leo

July 24 - Aug. 23

Don't think about all the bad things that go on in the world – think about how you personally can make it a better place in some small way. Get to it.

♍ Virgo

Aug. 24 - Sept. 23

There are things going on behind the scenes of which you are only vaguely aware. Keep your eyes and ears open.

♎ Libra

Sept. 24 - Oct. 23

Developments in your social life may have the edge taken off them by bad news concerning your finances today. Mercury's move into the money area of your chart tomorrow will bring an obvious answer.

♏ Scorpio

Oct. 24 - Nov. 22

Saturn in your sign does not seem restrictive of late but that does not mean you can loosen your hold on the purse strings.

♐ Sagittarius

Nov. 23 - Dec. 21

On the work front someone is trying to undermine you by talking you down in front of employers. Don't worry, they won't get anywhere.

♑ Capricorn

Dec. 22 - Jan. 20

You have been keeping to yourself a lot in recent days and loved ones are wondering why. Put their minds at rest by telling them your plans.

♒ Aquarius

Jan. 21 - Feb. 19

It may not feel right that certain people have the power to force you in a certain direction but in a matter of days you will be glad it happened that way.

♓ Pisces

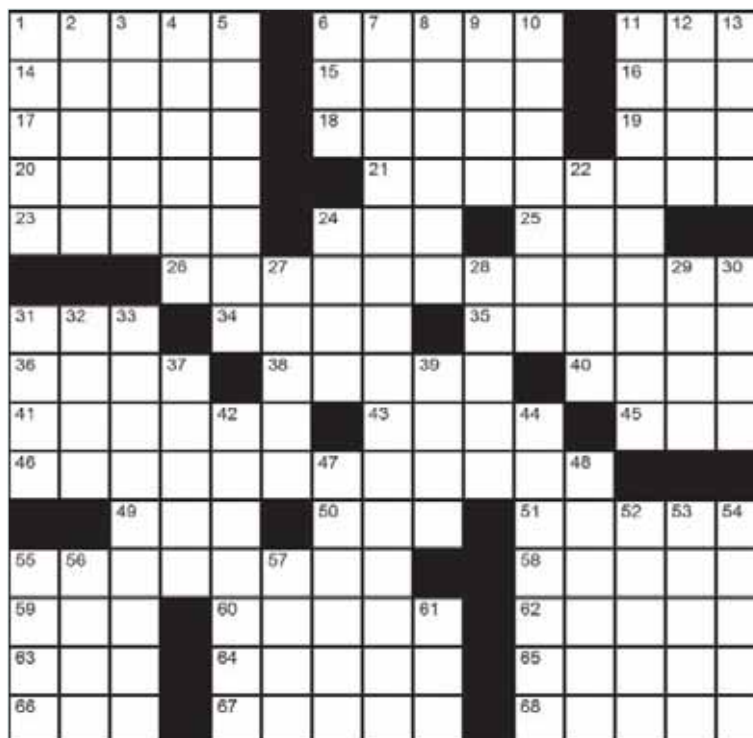
Feb. 20 - March 20

Someone you live or work with will be irritable in the extreme over the next 24 hours. There is no point trying to reason with them or cheer them up because they enjoy being negative. Just stay out of their way.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Rap star, ___ Dogg
6. Andes people, once
11. Broccoli, e.g.
14. PEI's motto, ___
- sub Ingenti
15. Movie opening to 'buckler'?
16. E-Mailer's view-point
17. Not ___ (Not so distant)
18. Accordion music
19. Barb
20. "___ gonna call?" (Ghostbusters style of query)
21. '___ Gears': 1967 Cream album
23. Literary sleuth Mr. Wolfe's
24. Beak: French
25. Trip type
26. Calgary Zoo lizard: 2 wds.
31. Comics fight sound!
34. CCR tune
35. Spain: Spanish
36. Spicy cuisine
38. Adjust anew
40. Radiate
41. Northwest Territories town
43. Surveyor's map
45. Parisian pluses
46. Scottish interior design team who are guest experts on "Cityline": name + symbol + name
49. Ms. Leoni
50. Fit Fiddle link: 2 wds.



51. Clean the spill: 2 wds.
55. 'Bach: The ___ Variations': 1955 Glenn Gould album
58. Mother '___' (Rudyard Kipling poem)
59. Broad belt
60. Ms. Graff of "Mr. Belvedere"

62. Cabs
63. Got gold
64. Knobby
65. Hotel name
66. Born, in bridal bios
67. Gossipy
68. Past times

Down

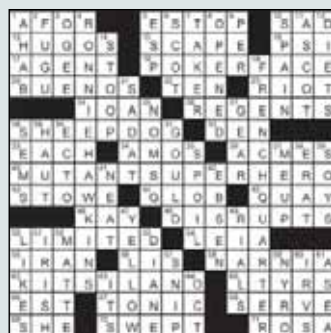
1. Comic book series

2. 16th-century English satirist, Thomas
3. For Better ___
- Worse: 2 wds.
4. Nunavut: ___ Territorial Park

5. Posh sun-blocker
6. Web connector [abbr.]
7. What a bat 'really' does in its leisure time: 3 wds.
8. Certain cat coat
9. Is inquisitive
10. Generous people
11. Donkey Kong, for

- one: 2 wds.
12. Early filmdom's Mr. Jannings
13. Songstress Ms. Grant
22. Awestruck
24. Portend
27. 1978 to 1982 sitcom, "___ Mindy"
28. Coup ___ (Take-over)
29. Taking action: 2 wds.
30. Washington baseballers, briefly
31. Ear-related
32. Olympian, Apollo
33. Earthquake! The 'Pinchi' in British Columbia: 2 wds.
37. Foliaged, as stone walls
39. "Born Free" (1966) lioness
42. Needing help: 3 wds.
44. Canadian department store founder Mr. Eaton (b.1834 - d.1907)
47. Mr. Leto's
48. Deli order specification: 2 wds.
52. Computer animation movie studio
53. Join
54. Bugs
55. Evening dress
56. Hautbois
57. H.G. Wells people
61. Cathedral city

Yesterday's Crossword



Online

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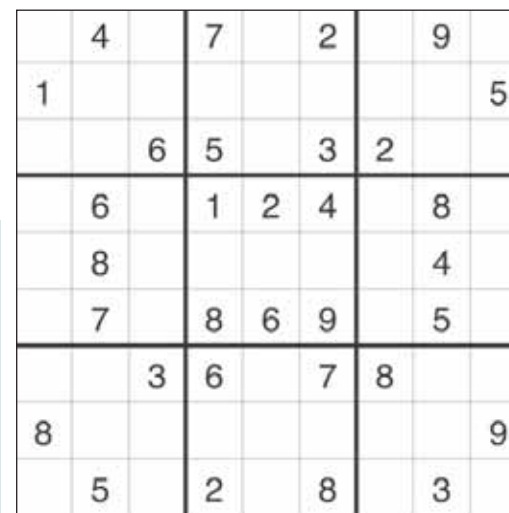


Sudoku

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Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

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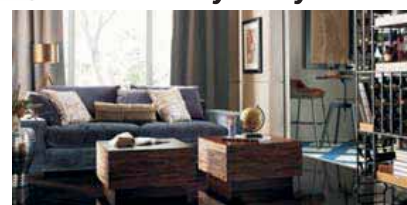
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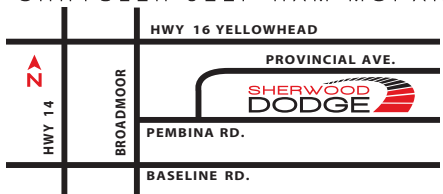
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